

# 4th Annual Post Traumatic Stress Disorder Symposium

Thursday, October 29, 2009

InterContinental Hotel & Bank of America Conference Center  
Cleveland, OH

[www.ccfcmec.org/PTSD09](http://www.ccfcmec.org/PTSD09)

## Symposium Description

Post Traumatic Stress Disorder (PTSD) can become a chronic, debilitating condition affecting the trauma survivor, family and community. PTSD is commonly associated with the veteran due to the high stress of war. Attending to the needs of individuals exposed to trauma requires sensitivity, professional acuity and clinical skill. The purpose of this activity is to educate professionals how to properly diagnose and provide the best clinical treatment for those who suffer from PTSD and comorbid disorders.

## Symposium Objectives

Upon completion of this symposium, the participant will be able to

- Review innovations, current research and recent findings related to the study of PTSD and comorbid disorders
- Acquire new knowledge and clinical skills in the field of treating trauma and comorbid disorders to improve patient care
- Describe three or more clinical interventions and best practices in the treatment of trauma, for the patient and family
- Develop the ability to differentially diagnose comorbid disorders frequently found in patients struggling with trauma
- Define eclectic strategies to reduce presence of depression and substance abuse disorders when treating patients suffering with PTSD

## Target Audience

Psychologists, Psychiatrists, Primary Care Physicians, Emergency Room Physicians, Nurses, Nurse Practitioners, Physician Assistants, Licensed Counselors, Chemical Dependency Professionals, Social Workers, Pastoral Counselors, Ministers and other healthcare professionals who are involved in the diagnosis and treatment of PTSD.

## Agenda

Time for questions and answers are included in each presentation.

- 7:00 am **Registration & Continental Breakfast**  
Bank of America Conference Center – 3rd Floor
- 8:00 am **Welcome/Introduction**  
*Joseph W. Janesz, PhD*  
*Bridget Dwyer, MA, PCC*
- 8:15 am **Keynote Address:**  
**New Developments in the Treatment of PTSD**  
*Matthew J. Friedman, MD, PhD*
- 10:00 am Refreshment Break
- 10:15 am **Treatment of Individuals with PTSD and Comorbid Disorders: Practical Clinical Interventions – Part I**  
*Donald Meichenbaum, PhD*
- 12:00 pm **Lunch**
- 1:00 pm **Treatment of Individuals with PTSD and Comorbid Disorders: Practical Clinical Interventions – Part II**  
*Donald Meichenbaum, PhD*
- 3:40 pm Refreshment Break/Exhibits
- 3:55 pm **Panel Discussion: PTSD and Co-occurring Disorders**  
Dissociative Disorders –  
*Matthew J. Friedman, MD, PhD*  
Mood Disorders – *David J. Muzina, MD*  
Substance Use Disorders – *Joseph W. Janesz, PhD*
- 5:00 pm **Evaluation of Symposium**
- 5:15 pm **Adjournment/Receive Certificates**

The Cleveland Clinic Foundation Center for Continuing Education acknowledges educational grants for partial support of this activity from:

**Vietnam Veterans Buckeye Foundation**

## Symposium Directors

### Joseph W. Janesz, PhD, PCC, LICDC, CRC

Director of Outpatient Executive and Professional Program  
Alcohol & Drug Recovery Center  
Department of Psychiatry and Psychology  
Neurological Institute  
Cleveland Clinic

### Bridget Dwyer, MA, PCC

Professional Clinical Counselor  
Alcohol & Drug Recovery Center  
Department of Psychiatry and Psychology  
Neurological Institute  
Cleveland Clinic

## Symposium Faculty

### Matthew J. Friedman, MD, PhD

Executive Director  
National Center for PTSD  
US Department of Veterans Affairs  
and  
Professor of Psychiatry and Pharmacology  
Dartmouth Medical School  
White River Junction, VT

### Donald Meichenbaum, PhD

Distinguished Professor Emeritus  
University of Waterloo  
Ontario, Canada  
Research Director, The Melissa Institute for  
Violence Prevention and Treatment  
Miami, FL

### David J. Muzina, MD

Director, Center for Mood Disorders Treatment & Research  
Department of Psychiatry and Psychology  
Neurological Institute  
Cleveland Clinic  
Cleveland, OH

## Faculty Disclosure Statement

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

## Location

InterContinental Hotel & Bank of America Conference Center  
9801 Carnegie Avenue  
Cleveland, OH 44106  
Phone: 216-707-4100 or 877-707-8999

## Hotel Accommodations

A block of rooms has been reserved at the InterContinental Hotel & Bank of America Conference Center. To make your reservation, contact the hotel directly at 216-707-4000 or 877-707-8999 and mention the "Cleveland Clinic Post Traumatic Stress Disorder Symposium" to receive the special rate of \$169 per night plus tax. To secure this rate, you must make your reservation by 5:00 pm (EST) September 25, 2009. Online booking code is EU3.

## Parking Options

Self parking is available in the Visitor's Parking Garage #2 located at 100th Street & Carnegie for a charge of \$10 per day. Access to the InterContinental Hotel from the garage is on the 3rd floor via the skyway. The InterContinental Hotel has valet parking for \$10 per day or \$24 for overnight. Maps and directions are available at [www.ClevelandClinic.org](http://www.ClevelandClinic.org).

## Registration and Cancellation

Register at [www.ccfme.org/PTSD09](http://www.ccfme.org/PTSD09). Registration deadline is **5:00 pm (EST), Tuesday, October 27, 2009**. A request for a refund must be received in writing by October 14, 2009. No refunds will be given after October 14, but registration is transferable for this course only through October 29, 2009. A \$50 cancellation fee will be deducted from the refund for all cancellations.

## Information

For further information about this activity, contact Monet Smith at:  
Local: 216-444-9380  
Toll Free: 800-223-2273 x49380  
Email: [smithm8@ccf.org](mailto:smithm8@ccf.org)

## Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify Monet Smith at 216-444-9380 at least two weeks prior to the activity.

## Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this educational activity for a maximum of 7.75 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity may be submitted for American Osteopathic Association Continuing Medical Education credit in Category 2.

*Ohio Psychological Association* – OPA-MCE Approved Provider – Approved for 7.75 credits

*Commission on Rehabilitation Counselor Certification (CRCC)* – Approval is pending.

*Employee Assistance Certification Commission* – Approval is pending for Professional Development Hours. Upon approval, you must attend the entire symposium to obtain credit.

*Ohio Chemical Dependency Professionals Board* – Approval is pending.

*State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board* – Program approval is pending.

*Occupational Therapy* – Credit is being applied for with the OT section of the Ohio OT PTAT Board – Approval is pending.

Cleveland Clinic (OH-045/10-01-09) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

# Registration Form

4th Annual

## Post Traumatic Stress Disorder Symposium

Thursday, October 29, 2009

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Cleveland, OH

**Register online at [www.cfcme.org/PTSD09](http://www.cfcme.org/PTSD09)**

For Office Use Only: 020569

Fee: \_\_\_\_\_ M.O.P. \_\_\_\_\_

Date: \_\_\_\_\_ CXL/Fee: \_\_\_\_\_

CCF main campus, family health centers, and CCHS community hospital employees  
(physicians and non-physicians) should register online at [www.cfcme.org/PTSD09](http://www.cfcme.org/PTSD09)

(Please type or print clearly)

Name \_\_\_\_\_ Degree \_\_\_\_\_  
First M.I. Last

Address \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_ Fax # \_\_\_\_\_

E-mail \_\_\_\_\_

Specialty \_\_\_\_\_

### Course Registration Fee *(Check appropriate box)*

Course fee includes registration materials, continental breakfast, breaks and lunch.

- Physician/PhD - \$200
- Resident\*/Fellow\* - \$150
- Nurse/Nurse Practitioner/Physician Assistant - \$150
- Counselor/Social Worker - \$150
- Allied Health/Other - \$150
- Comprecare Affiliate: \$130 - Member I.D. Number \_\_\_\_\_
- Cleveland Clinic Alumnus - \$120
- Student\* - \$50

\*Letter from program director must be received in our office prior to the course to receive this fee.

- I require a vegetarian lunch

### Payment Options

- Check Enclosed (Made payable to: The Cleveland Clinic Educational Foundation)
- Visa    MasterCard    AMEX    Discover

Card # \_\_\_\_\_

Name on Card \_\_\_\_\_

Exp Date \_\_\_\_\_ 3/4-digit verification code \_\_\_\_\_

Signature \_\_\_\_\_ Amt Pd \$ \_\_\_\_\_

### Mail completed registration form and payment information to:

The Cleveland Clinic Educational Foundation  
P.O. Box 931653  
Cleveland, OH 44193-1082

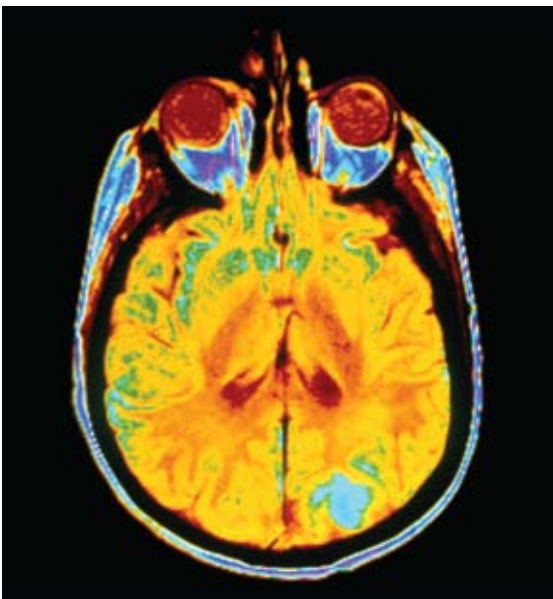
**Or, if paying by credit card, registration may be faxed to 216-448-0783.**

(Once faxed, do not mail original registration.)

The Cleveland Clinic Foundation  
Neurological Institute, J36  
9500 Euclid Avenue  
Cleveland, OH 44195



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