



24th Annual

Diabetes Day

Trends in Diabetes



Friday, May 10, 2019

InterContinental Hotel and Bank of America Conference Center
Cleveland, OH

Register Today! ccfcme.org/diabetesday



Diabetes Day

Trends in Diabetes



Join Us at the 24th Annual Diabetes Day

Diabetes Day: Trends in Diabetes, is presented by the Cleveland Clinic Department of Endocrinology, Diabetes and Metabolism to provide up-to-date reviews of management strategies and research on the complications of diabetes. Key topic areas that will be addressed include reviews of the effect of hypoglycemia on the brain, new therapeutic options to manage diabetes and its complications, and current guidelines. The goal of this symposium is to increase your competence and clinical performance in treating diabetes and its complications and, ultimately, to improve patient outcomes.

Attendees Will Learn How To:

- Describe the pharmacologic actions, side effect profiles, clinical trial data, and potential role of recently approved drugs for treating diabetes
- Summarize research defining the pathophysiologic impact of diabetes on systems other than the pancreas and clinical strategies to minimize the risks
- Compare the effectiveness of diets and exercise and their potential role in diabetes strategies
- Compare the effectiveness of new and emerging therapies, devices, and clinical approaches to managing various diabetes and related conditions
- Critically appraise the published data from large clinical trials and their use in supporting treatment guidelines

Who Should Attend?

This activity is designed for primary care physicians, endocrinologists, diabetes educators, nurses, nurse practitioners, physician assistants, dietitians, and other health care professionals who care for patients with diabetes.

About Cleveland Clinic Endocrinology and Metabolism Institute

Ranked fourth in the nation by *U.S. News & World Report*, the Endocrinology and Metabolism Institute (EMI) is committed to providing the highest quality health care for patients with diabetes, endocrine and metabolic disorders, and obesity. Our staff is dedicated to exploring ways to improve the care of these patients and to teaching the best methods for treating them.

Our institute caregivers work together to provide the finest care in the country. Over 30 staff physicians, 18 fellows, and more than 80 nurses, medical assistants, diabetes educators, secretaries, patient service representatives, coders, administrators and managers work in EMI's departments and centers to ensure streamlined diagnosis and treatment of our patients. The institute includes the oldest subspecialty at Cleveland Clinic, and continues a steady rise to be among the best treatment providers of diabetes and endocrine conditions in the nation.

Activity Director



Robert S. Zimmerman, MD, FACE

Director, Diabetes Center
Vice Chairman
Department of Endocrinology, Diabetes
and Metabolism
Endocrinology and Metabolism Institute
Cleveland Clinic
Cleveland, OH

Guest Faculty

Simon Fisher, MD, PhD

Professor of Medicine and Biochemistry
Division of Endocrinology, Metabolism and Diabetes
George Cartwright Endowed Chair in Internal Medicine
University of Utah School of Medicine
Salt Lake City, UT

Cleveland Clinic Faculty

Ali Aminian, MD

Department of General Surgery
Digestive Disease and Surgery Institute

Nicholas Galloway, BSN, RN, CDE

Department of Endocrinology, Diabetes and
Metabolism
Endocrinology and Metabolism Institute

Anny Ha, MS, RD, CEDRD

Department of Endocrinology, Diabetes and
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Marwan Hamaty, MD, MBA

Department of Endocrinology, Diabetes and
Metabolism
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Betül A. Hatipoğlu, MD

Department of Endocrinology, Diabetes and
Metabolism
Endocrinology and Metabolism Institute

Cleveland Clinic Faculty (cont.)

Diana Isaacs, PharmD, BCPS, BC-ADM, CDE
Department of Endocrinology, Diabetes and Metabolism
Endocrinology and Metabolism Institute

Sangeeta R. Kashyap, MD
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Leila Khan, MD
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Shannon Knapp, BSN, RN, CDE
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Vinni Makin, MD
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Adi Mehta, MD
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Leann Olansky, MD
Department of Endocrinology, Diabetes and Metabolism
Endocrinology and Metabolism Institute

Kevin M. Pantalone, DO
Department of Endocrinology, Diabetes and Metabolism
Endocrinology and Metabolism Institute

Rishi Singh, MD
Cole Eye Institute

Mario Skugor, MD
Department of Endocrinology, Diabetes and Metabolism
Endocrinology and Metabolism Institute

Divya Yogi-Morren, MD
Department of Endocrinology, Diabetes and Metabolism
Endocrinology and Metabolism Institute

Agenda

- 7:00 am Registration, Continental Breakfast and Exhibits**
- 7:50 am Welcome and Introduction**
Robert S. Zimmerman, MD
- 8:00 am New Diabetes Therapies on the Horizon GLP-1 / GLP Agonists and GLP-1 / Glucagon Agonists**
Robert S. Zimmerman, MD
- 8:20 am Is It Necessary to Establish Autoimmunity for Appropriate Diabetes Management?**
Adi Mehta, MD
- 8:40 am Diabetes and Thromboembolic Disease**
Leila Khan, MD
- 9:00 am Hypoglycemia and the Brain**
Simon Fisher, MD, PhD
- 9:40 am Refreshment Break and Exhibits**
- 10:00 am Ketogenic Diet in Type 1 Diabetes: Is It Safe?**
Kevin M. Pantalone, DO
- 10:20 am Hypertension and Diabetes. Sprint, Accord, Accordian. What is the Data? Does the Data Support The Guidelines?**
Leann Olansky, MD
- 10:40 am Medical Treatment of Pre-Diabetes**
Vinni Makin, MD
- 11:00 am Hybrid Pumps: Minimed vs. Tandem – How Do They Compare?**
Nicholas Galloway, BSN, RN, CDE
- 11:30 am Diabetes Diet / Exercise: What is Supported by the Literature?**
Marwan Hamaty, MD, MBA
- 12:00 pm Lunch Break**
- 1:00 pm SGLT Inhibitors: Benefits / Risks**
Melissa Li-Ng, MD

Breakout Session 1

- 1:35 pm Language and Diabetes**
Shannon Knapp, BSN, RN, CDE
- 2:00 pm Use of CGM in Type 2 DM: Is There a Need?**
Diana Isaacs, PharmD, BCPS, BC-ADM, CDE

Breakout Session 2

- 1:35 pm Novel Dietary Interventions: Eat With the Dietitian/Eat Without Shame**
Anny Ha, MS, RD, CEDRD
- 2:00 pm Bone Health in Diabetes**
Mario Skugor, MD

- 2:30 pm Refreshment Break and Exhibits**
- 3:00 pm Should GLP-1 Agonists Become First Line RX for Type 2 DM?**
Divya Yogi-Morren, MD
- 3:20 pm Implications of Reduce-It in Treatment of Hypertriglyceridemia in Diabetes**
Betul A. Hatipoglu, MD
- 3:40 pm HDL in Diabetes**
Sangeeta R. Kashyap, MD
- 4:00 pm Bariatric Surgery in Type 1 DM**
Ali Aminian, MD
- 4:20 pm Meals on Demand and Diabetes in the Hospital**
M. Cecilia Lansang, MD, MPH
- 4:40 pm Diabetes and the Eye: Is There Still a Role for Photocoagulation?**
Rishi Singh, MD
- 5:00 pm Post Symposium Assessment**
- 5:15 pm Adjourn**

A five-minute question and answer period is included in each speaker's allotted time.

General Information

Location

InterContinental Hotel and Bank of America Conference Center

9801 Carnegie Avenue
Cleveland, OH 44106
Phone: 216.707.4100 or 877.707.8999

Hotel Accommodations

InterContinental Hotel and Bank of America Conference Center

9801 Carnegie Avenue
Cleveland, OH 44106
Phone: 216.707.4100 or 877.707.8999

A limited block of rooms has been reserved at the InterContinental Hotel until 5:00 pm ET April 9, 2019. To make your reservations, contact the hotel at 216.707.4100 or 877.707.8999 and identify yourself as an attendee for the **Cleveland Clinic Diabetes Day** for a special rate of \$189 single/double plus tax. The hotel and conference center are located on the campus of the Cleveland Clinic.

Parking

Parking is available in the East 100th Street Visitor's Parking Garage at prevailing rates. Parking is available at the hotel for an additional charge.

Information

For further information about this activity, contact the Cleveland Clinic Center for Continuing Education website: ccfcme.org/diabetesday

Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Are time constraints preventing you from attending?
We have the solution!

Register to watch via LIVE stream.

Available from the convenience of your personal computer, all presentations will be streamed live on May 10.

Access instructions will be emailed to you within 24 hours of the symposium.



Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

American Board of Internal Medicine MOC

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Other Health Care Professionals

A certificate of participation will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at least two weeks prior to the activity.

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REGISTER ONLINE AT ccfcme.org/diabetesday

Fee Includes: continental breakfast, refreshment breaks, syllabus, and faculty PowerPoint presentations in PDF format, available online

	On or Before April 5, 2019	After April 5, 2019
Physician	\$275	\$375
Resident*/Fellow*	\$200	\$300
Non-Physician	\$200	\$300
Live Stream	\$225	\$325

*Letter from program director is required to receive the discounted fee. If letter is not received two weeks prior to the activity, the full physician fee will be charged.

Group Discount Available

Groups of 3 or more from the same office/institution will receive a 10% discount off the full registration fee. Registrants must call 216.448.8710 to receive a promotional code for special pricing.

Visit www.ccfcme.org/diabetesday for complete registration information.

Registration and Cancellation

Preregistrations are accepted until 2:00 pm ET, May 9, 2019. Register on site after this date.

In case of cancellation, email notification is required to process your refund. A full refund will be issued if cancelled by April 15, 2019. After April 15, a \$75 cancellation fee will be deducted from your refund. No refunds will be issued after May 1, 2019.

For questions about registration or cancellation, email us at cmeregistration@ccf.org or call 216.448.8710.

Cleveland Clinic Center for Continuing Education reserves the right to cancel or postpone an activity at our sole discretion. In the unlikely event that this occurs, any registration fee(s) paid will be refunded. Be advised that Cleveland Clinic is not responsible for related costs including airline tickets, hotel costs, or any similar fee penalties incurred as a result of any trip cancellations or changes.

Save the Date

Intensive Review of Endocrinology and Metabolism

September 20-22, 2019

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Cleveland, OH 44195

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