Optimizing Patients for Kidney Transplantation

October 11, 2018
Cleveland Clinic Lyndhurst Campus
Lyndhurst Auditorium (LY1-220)
Lyndhurst, Ohio
WELCOME

Conference Description
We are pleased to invite you to the Cleveland Clinic conference, “Optimizing Patients for Kidney Transplantation.” This event provides a variety of topics about kidney and pancreas transplantation and the evaluation process that is useful in caring for patients and advancing clinical knowledge.

The presentations offer the expertise of various disciplines vital in determining the eligibility of potential candidates who are being evaluated for kidney and kidney-pancreas transplantation or candidates who are being evaluated for living kidney donation within the Cleveland Clinic Kidney and Pancreas Transplant Program. During the conference, attendees will learn basic information about kidney and pancreas transplantation, criteria for transplantation, contraindications for transplantation, transplant evaluation by the multidisciplinary team, options for living donation, and the patient experience.

Target Audience
This didactic conference is designed to meet the educational needs of dialysis nurses, social workers, dieticians, and technicians who are seeking information about transplantation as a treatment option for end-stage renal disease.

Objectives
After completing participation in this activity, the participant will be able to:

- Provide basic information about the transplant referral, evaluation, and listing processes, waitlist management and organ allocation, living kidney donation options, and the transplant recipient experience to dialysis patients
- Describe the medical and surgical evaluation
- Discuss the medical and surgical indications and contraindications for transplantation
- Explain transplant referral and listing
- Discuss waitlist management and organ allocation
- Discuss the psychosocial issues identified and addressed by the Social Worker in the initial psychosocial assessment for transplantation
- Describe the nutritional evaluation and discuss options to optimize weight for transplantation
- Discuss insurance coverage for transplantation
- Explain the pharmacist’s role in the candidate evaluation, describe kidney transplant medications.
- Identify medication non-adherence pre-transplant and discuss its consequence post-transplantation
- Discuss the indications and contraindications for living kidney donation
- Discuss the psychosocial issues identified and addressed by the Social Worker and Independent Living Donor Advocate in the initial psychosocial assessment for living kidney donation
- Discuss the different options for living kidney donation
- Describe the transplant recipient experience

Accreditation
Cleveland Clinic Enterprise is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Nursing and Dialysis Technicians: This program will provide the participant with 6.25 Continuing Nursing Education contact hours. This program is pending approval.

Social Work: This program has been submitted for approval from the National Association of Social Workers.
### CLEVELAND CLINIC FACULTY

<table>
<thead>
<tr>
<th>Name</th>
<th>Title, Program</th>
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<tbody>
<tr>
<td>Ragina Bass, RN</td>
<td>Transplant Coordinator, Kidney and Pancreas Transplant Program</td>
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<tr>
<td>Karen Reinhart, LSW</td>
<td>Independent Living Donor Advocate, Living Kidney Donor Program</td>
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<tr>
<td>Angela Brown, LISW</td>
<td>Transplant Social Worker, Kidney and Pancreas Transplant Program</td>
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<tr>
<td>Dana Reissner, BSN RN</td>
<td>Donor Call Coordinator, Kidney and Pancreas Transplant Program</td>
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<tr>
<td>Lisa Burnett, RD LD</td>
<td>Registered Dietician, Nutrition Services</td>
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<tr>
<td>Michael Spinner, MA, PharmD</td>
<td>Kidney Transplant Clinical Specialist, Inpatient Pharmacy</td>
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<tr>
<td>Audrey Caplin, BSN RN</td>
<td>Living Kidney Donor Coordinator, Living Kidney Donor Program</td>
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<tr>
<td>Karen Wallenfelsz, BSN RN</td>
<td>Living Kidney Donor Coordinator, Living Kidney Donor Program</td>
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<tr>
<td>Daniel Dzatko</td>
<td>Supervisor, Revenue Cycle Management</td>
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<tr>
<td>Alvin Wee, MD MBA</td>
<td>Surgical Director, Kidney Transplant Program</td>
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<tr>
<td>Tracy Evans-Walker, MSN APRN-CNP CCTC*</td>
<td>Clinical Manager, Kidney and Pancreas Transplant Program</td>
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<tr>
<td>Ziad Zaky, MD</td>
<td>Transplant Nephrologist, Kidney and Pancreas Transplant Program</td>
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<tr>
<td>Laura Newberry, LISW-S*</td>
<td>Transplant Social Worker, Kidney and Pancreas Transplant Program</td>
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*Conference Committee*

### GUEST FACULTY

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<tr>
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<tr>
<td>Michael Schultz</td>
<td>Transplant Recipient</td>
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<tr>
<td>Joseph Sinacore</td>
<td>Director of Education and Development, National Kidney Registry, Babylon, New York</td>
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### GENERAL INFORMATION

#### Location/Parking

Cleveland Clinic Lyndhurst Campus  
1950 Richmond Road  
Lyndhurst, Ohio 44124

#### Registration

This is a free event! However, pre-registration is **required**. To register, email **GUKlevents@ccf.org** by October 5, 2018. You can also find a link to register at:


#### Questions

For additional information, please email **GUKlevents@ccf.org** or contact Tracy Evans-Walker at 216.444.4858.
# Optimizing Patients for Kidney Transplantation

## PROGRAM SCHEDULE

**THURSDAY, OCTOBER 11, 2018**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>7:00 a.m. – 7:55 a.m.</td>
<td>Registration/Continental Breakfast</td>
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| 7:55 a.m. – 8:00 a.m. | Welcome and Introduction  
  *Alvin Wee, MD MBA and Tracy Evans-Walker, DNP APRN-CNP CCTC*          |
| 8:00 a.m. – 9:00 a.m. | The Medical and Surgical Evaluation  
  *Ziad Zaky, MD and Alvin Wee, MD MBA*                                  |
| 9:00 a.m. – 10:00 a.m. | Transplant Coordinator Perspective:  
  Transplant Evaluation and Waitlist Management  
  *Ragina Bass, RN and Dana Reissner, BSN RN*                           |
| 10:00 a.m. – 10:15 a.m. | BREAK AND EXHIBITS                                                   |
| 10:15 a.m. – 11:15 a.m. | The Psychosocial Evaluation:  
  Why is the Psychosocial Visit So Long?  
  *Laura Newberry, LISW-S and Angelia Brown, LISW*                    |
| 11:15 a.m. – 12:15 p.m. | The Nutritional Evaluation:  
  What? My Patient’s BMI is Too High?  
  *Lisa Burnett, RD LD*                                               |
| 12:15 p.m. – 1:15 p.m. | LUNCH AND EXHIBITS                                                   |
| 1:15 p.m. – 1:45 p.m. | The Insurance Evaluation  
  *Daniel Dzatko*                                                     |
| 1:45 p.m. – 2:15 p.m. | The Pharmacist’s Perspective: Know Thy Meds  
  *Michael Spinner, MA PharmD*                                         |
| 2:15 p.m. – 2:30 p.m. | BREAK AND EXHIBITS                                                   |
| 2:30 p.m. – 3:30 p.m. | How About a Living Donor?  
  *Audrey Caplin, BSN RN, Karen Wallenfelsz, BSN RN,  
  Karen Reinhart, LSW and Joseph Sinacore*                            |
| 3:30 p.m. – 4:00 p.m. | Let’s Hear from Our Recipients!  
  *Michael Schultz*                                                   |
| 4:00 p.m. – 4:15 p.m. | Wrap-up/Questions and Answers/Evaluation                             |
| 4:15 p.m.          | Adjourn                                                               |

*This is a Preliminary Program and times and speakers are subject to change if necessary.*