



## 2024 Neurology Update: A Comprehensive Review for the Clinician

August 2–4, 2024 | The Ritz-Carlton, Washington, D.C.

Featuring up to 17 CME credits | ABPN-Approved for Self-Assessment Credits

## **FEATURED TOPICS**

ALS APP Inpatient Consults Atypical Movement Disorders Dementia EEG EMG Epilepsy Headache Multiple Sclerosis Neuroradiology Pain Management Parkinson's Disease Polyneuropathy Psychiatry Stroke

## ccfcme.org/NeuroUpdate

## Welcome

## **ABOUT THE COURSE**

Welcome to the 15th Annual Cleveland Clinic Neurology Update. On behalf of the Neurological Institute at the Cleveland Clinic we would like to welcome you to our annual course and hope you find it valuable in your continuing care of patients with neurological disease. We are excited to bring you our third hybrid meeting that is a clinically focused review course with updated information on a broad range of neurological conditions. We have incorporated smaller group breakout sessions for a more connected interaction and experience. The case-based breakouts will focus on dementia, headache, Parkinson's disease/movement disorders, EMG, EEG and atypical movement disorders. All course participants will have a chance to attend each session.

This year we will address polyneuropathy, pain management, ALS, psychiatry and the importance of advanced practice providers (APP) as inpatient neurology consultants. We will continue to include presentations on stroke updates, epilepsy, multiple sclerosis and neuroradiology (brain and spine). Our interactive course will allow time for Q&A after each lecture and we will encourage active participation using the audience response/polling system to incorporate a self-assessment where you will see how your answer choices compare to your peers.

The course will also continue to offer CME Self-Assessment credits approved by the American Board of Psychiatry and Neurology for Maintenance of Certification mandated by ABMS.

We hope this course adds to your knowledge base and enhances patient care.

We look forward to learning with you during this course!

Glen Stevens, DO, PhD, FAAN Course Co-Director

Robert Marquardt, DO Course Co-Director

## **TARGET AUDIENCE**

This course is directed towards neurologists, internists and family practice physicians, advanced practice providers including PAs and APRNs, nurses and others involved in the diagnosis and treatment of neurological disorders.

#### Objectives

Upon completion of this activity, the participant will be able to:

- Discuss updated strategies for acute stroke prevention and treatment.
- Review case-based best practices for the diagnosis and management of polyneuropathy and neurological pain.
- Review current research and cases for the management of multiple sclerosis.
- Discuss advances to epilepsy management in all clinical settings, including medication management.
- Outline current clinical strategies in the management of dementia, Amyotrophic Lateral Sclerosis (ALS), headache, and general psychiatry.
- Review recent research and updates on Parkinson's Disease and other movement disorders and its impact on clinical practice.
- Recognize the value of Advanced Practice Providers for neurology consults in the inpatient setting.
- Describe recent technological innovations and established best practices in diagnostic testing and neuroradiology through specific techniques and individual case studies.

# Faculty

## **CLEVELAND CLINIC COURSE CO-DIRECTORS**

#### Glen Stevens, DO, PhD, FAAN

Section Head, Adult Neuro-Oncology Rose Ella Burkhardt Brain Tumor and Neuro-Oncology Center Neurological Institute

## **CLEVELAND CLINIC FACULTY**

#### Brian Barnett, MD

Assistant Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University Co-Director, Psychiatric Treatment-Resistance Program Department of Psychiatry and Psychology Neurological Institute

#### A. Blake Buletko, MD

Assistant Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University Staff, Cerebrovascular Center Neurological Institute

#### Benjamin Claytor, MD

Assistant Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University Staff, Neuromuscular Center Neurological Institute

#### Hubert H. Fernandez, MD

James and Constance Brown Family Endowed Chair in Movement Disorders Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University Director, Center for Neurological Restoration Neurological Institute

#### Carrie M. Hersh, DO, MSc

Associate Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University Director, Multiple Sclerosis Health and Wellness Program Cleveland Clinic Lou Ruvo Center for Brain Health Las Vegas Neurological Institute

#### Rebecca Kuenzler, MD

Staff, Neuromuscular Center Neurological Institute

#### James B. Leverenz, MD

Joseph Hahn MD Endowed Chair Director, Cleveland Clinic Lou Ruvo Center for Brain Health Neurological Institute

### PLANNING COMMITTEE

Glen Stevens, DO, PhD, FAAN Robert Marquardt, DO

#### Robert Marquardt, DO

Assistant Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University Staff, Neuromuscular Center Neurological Institute

#### Dileep Nair, MD

Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University Section Head, Epilepsy Center Neurological Institute

#### Junaid Siddiqui, MD, MRCP

Staff, Movement Disorders Neurology Center for Neurological Restoration Neurological Institute

#### Payal Patel Soni, MD

Clinical Assistant Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University Staff, Center for Neuro-Restoration Neurological Institute

#### Elizabeth N. Spurgeon, MD

Clinical Assistant Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University Staff, Epilepsy Center Neurological Institute

#### Susan Stanton, PA-C, MS, MSHS

APP Manager – Brain Tumor, Epilepsy, NI Research Neurological Institute

#### Sarah Swarthout, MSN, APRN-CNP

Inpatient Neurology Consults – Main Campus Neurological Institute

#### Pavan Tankha, DO

Medical Director, Comprehensive Pain Recovery Neurological Institute

#### Jenny Wu, MD

Clinical Assistant Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University Associate Staff, Diagnostic Radiology Imaging Institute

Susan Stanton, PA-C, MS, MSHS Sarah Swarthout, MSN, APRN-CNP

# Agenda

Time for questions and answers are included in each presentation.

### FRIDAY, AUGUST 2, 2024 • EASTERN TIME

7:00 am	Registration/Continental Breakfast/Exhibits/Self-Assessment Online Pre-Test		
8:00 am	Introduction – SALON I: Glen Stevens & Robert Marquardt		
8:10 am	Stroke Updates over the Past Year – A. Blake Buletko		
8:50 am	Stroke Cases – A. Blake Buletko		
9:20 am	General Case-Based Approach to Polyneuropathy Evaluation – Robert Marquardt		
10:00 am	Refreshment Break & Exhibits – SALON II		
10:20 am	Updates in Multiple Sclerosis Management – Carrie Hersh		
11:00 am	Multiple Sclerosis Management Cases – Carrie Hersh		
11:40 am	Historical Vignette and Panel Discussion / Q&A Glen Stevens, Robert Marquardt, A. Blake Buletko and Carrie Hersh		
12:10 pm	Buffet Lunch – SALON II		
1:10 pm	Epilepsy: Inpatient Cases – Elizabeth Spurgeon		
2:00 pm	Epilepsy: Outpatient Cases – Elizabeth Spurgeon		
2:40 pm	Anti-Seizure Medicine Management in the Outpatient Clinic Susan Stanton		
3:00 pm	Epilepsy Q&A – Elizabeth Spurgeon and Susan Stanton		
3:20 pm	Refreshment Break & Exhibits – SALON II		
3:40 pm	Neuro Jeopardy / AAN Updates – Glen Stevens and Robert Marquardt		
4:20 pm	Adjourn		

### SATURDAY, AUGUST 3, 2024 • EASTERN TIME

#### 7:30 am Registration/Continental Breakfast/Exhibits

#### Interactive Case-based Breakout Sessions

In-person attendees will be assigned to a room and the speakers will rotate through discussing each topic below.

TOPICS:	Dementia Cases: James Leverenz Headache Cases: Payal Soni Parkinson's Disease/Movement Disorders Cases: Hubert Fernandez
8:00 am	<b>Breakout Session Introductions:</b> General Session Room SALON I – <i>Robert Marquardt</i>
8:10 am	Breakout Session 1: Salon I, Plaza I, Plaza II

- 9:10 am Breakout Session 2: Salon I, Plaza I, Plaza II
- 10:10 am Refreshment Break: SALON II
- 10:30 am Breakout Session 3: Salon I, Plaza I, Plaza II
- 11:30 am Audience Response / Questions & Answers from Breakout Sessions SALON I – James Leverenz, Payal Soni and Hubert Fernandez
- 12:00 pm Buffet Lunch: SALON II

## Agenda

Time for questions and answers are included in each presentation.

1:00 pm	Pain Management Cases/Pearls for General Neurologist – Pavan Tankha	
1:40 pm	Psychiatry Cases – Brian Barnett	
2:20 pm	Refreshment Break & Exhibits: SALON II	
2:40 pm	Advanced Practice Providers as Inpatient Neurology Consultants – A Valuable Team Member – Sarah Swarthout	
3:00 pm	Update on ALS – Rebecca Kuenzler	
3:40 pm	Historical Vignette and Panel Discussion / Q&A – Glen Stevens, Robert Marquardt, Pavan Tankha, Brian Barnett, Sarah Swarthout and Rebecca Kuenzler	

4:10 pm Adjourn

## SUNDAY, AUGUST 4, 2024 • EASTERN TIME

#### 7:30 am Registration/Continental Breakfast/Exhibits

#### Interactive Case-based Breakout Sessions

In-person attendees will be assigned to a room and the speakers will rotate through discussing each topic below.

TOPICS:	EMG Boot Camp: Ben Claytor EEG Boot Camp: Dileep Nair Atypical Movement Disorders Cases: Junaid Siddiqui	
8:00 am	<b>Breakout Session Introductions:</b> General Session Room SALON I – <i>Glen Stevens</i>	
8:05 am	Breakout Session 4: Salon I, Plaza I, Plaza II	
8:45 am	Breakout Session 5: Salon I, Plaza I, Plaza II	
9:25 am	Breakout Session 6: Salon I, Plaza I, Plaza II	
10:05 am	Audience Response / Questions & Answers from Breakout Sessions SALON I – Ben Claytor, Dileep Nair and Junaid Siddiqui	
10:20 am	Refreshment Break & Exhibits	
10:40 am	Neuroradiology: Brain Cases – Jenny Wu	
11:20 am	Neuroradiology: Spine Cases – Jenny Wu	
12:00 pm	Historical Vignette and Panel Discussion/Q&A Glen Stevens, Robert Marquardt, Jenny Wu	

12:10 pm Adjourn

## **ABPN SELF-ASSESSMENT**

The American Board of Psychiatry and Neurology has reviewed the 2024 Neurology Update – A Comprehensive Review for the Clinician and has approved this activity as part of a comprehensive Self-Assessment (SA) CME activity, which is mandated by the ABMS as a necessary component of continuing certification. Approved for 17 Category 1 CME credits for Self-Assessment.

You will receive a link to the online pre-test via email prior to the course to complete as your self-assessment. The answers to the test questions will be addressed during the lectures using the Audience Response/Polling System.

## General Information

## LOCATION

The Ritz-Carlton, Washington, D.C. | Phone: 202.835.0500 1150 22nd Street, NW, Washington, DC 20037

## HOTEL ACCOMMODATIONS

A block of rooms has been reserved at The Ritz-Carlton, Washington, D.C. To make your reservation, contact the hotel directly at 202.835.0500 or 1.800.558.9994 and mention the "Cleveland Clinic Neurology Update" to receive the special rate of \$280 per night plus tax. You may also make your reservation online at www.ritzcarlton.com using code CLECLEA (Single) or CLECLED (Double). To secure the course rate, you must make your reservation by Wednesday, July 17, 2024.

The Ritz-Carlton is:

- 40 minutes east of Dulles International Airport
- 10 minutes (4.2 miles) north of Ronald Reagan Washington National Airport
- 10 minutes from the White House, the Smithsonian museums and many other historic sites

## PARKING

Discounted parking is available at The Ritz-Carlton, Washington, D.C. for a special course rate of \$40.00 for overnight valet and \$30.00 for day valet parking (up to 12 hours). A self-parking garage is also available at the hotel and rates vary.

## ACCREDITATION

In support of improving patient care, Cleveland Clinic Center for Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **CREDIT DESIGNATION**

### • American Medical Association (AMA)

Cleveland Clinic Center for Continuing Education designates this live activity for a maximum of 17 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

### American Nurses Credentialing Center (ANCC)

Cleveland Clinic Center for Continuing Education designates this live activity for a maximum of 17 ANCC contact hours.

### • American Academy of PAs (AAPA)

Cleveland Clinic Center for Continuing Education has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 17 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

**American Academy of Family Physicians (AAFP):** Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**Certificate of Participation:** A certificate of participation will be provided to other health care professionals for requesting credits in accordance with their professional boards and/or associations.

### **INFORMATION**

For further information about this activity, contact Liz Eaton at Phone: 216.445.5431 or Email: eatonl3@ccf.org

## General Information (continued)

## FACULTY DISCLOSURE STATEMENT

The Cleveland Clinic Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Integrity and Independence requiring mitigation of all faculty conflicts of interest. Faculty declaring a relevant financial relationship will be identified in the activity syllabus.

## **FACULTY PRESENTATIONS**

Faculty presentation slides will be available online in PDF format. You will have access prior to the activity to allow you to download or print the slides.

## **AMERICANS WITH DISABILITIES ACT**

The Cleveland Clinic Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify Liz Eaton at 216.445.5431 or eatonl3@ccf.org at least two weeks prior to the activity.

# Registration and Cancellation

## 2024 NEUROLOGY UPDATE – A COMPREHENSIVE REVIEW FOR THE CLINICIAN

August 2–4, 2024

Payment must be received prior to the course. Purchase orders are not accepted.

## **REGISTER AT: WWW.CCFCME.ORG/NEUROUPDATE**

## **COURSE FEES**

- **In-person** registration includes: online syllabus, continental breakfasts, refreshment breaks and two buffet luncheons.
- Virtual registration includes: virtual meeting attendance and online syllabus.

<b>Registration Category</b>	In-Person	Virtual
Physician	\$600.00	\$600.00
Active Duty Military	\$500.00	\$500.00
Resident*/Fellow*	\$500.00	\$500.00
Cleveland Clinic Alumnus	\$540.00	\$540.00
Non-Physician	\$500.00	\$500.00

*CCF Employees should check fees and register online at the above web address.* \*Letter from Program Director or Chairman must be received in our office prior to the course to receive this fee.

Preregistrations are accepted online until 5:00 PM ET, Friday, July 26, 2024. To register after this date, please do so onsite. In case of cancellation, a full refund will be made if canceled by July 19, 2024. After July 19, 2024, a \$50 cancellation fee will be deducted from your refund. **NO REFUNDS WILL BE ISSUED AFTER JULY 26, 2024.** Written notification of your cancellation is required in order to process your refund.

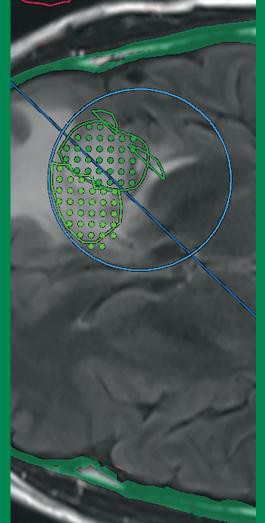
For questions about registering online, call 216.448.8710 or email cmeregistration@ccf.org

Cleveland Clinic Center for Continuing Education reserves the right to cancel or postpone activity in our sole discretion. In the unlikely event that this occurs, any registration fee(s) paid will be refunded. Be advised that Cleveland Clinic is not responsible for related costs including airline tickets, hotel costs, or any similar fee penalties incurred as a result of any trip cancellations or changes.

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The Cleveland Clinic Foundation Neurological Institute 9500 Euclid Avenue, JJN5-424 Cleveland, OH 44195

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