



Interdisciplinary Work with Professionals and Lay Persons

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DIABETES A FAMILY MATTER

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The Diabetes: A Family Matter Toolkit

TOOLKIT INTRODUCTION

TOOLKIT MATERIALS

TOOLKIT ACTIVITIES

TOOLKIT CEBREAKERS

THE FAMILY APPROACH

THE APPALACHIAN COMMUNITY

Join our Social Network and Stay Connected

What is available in the Toolkit section?

Introduction to the Toolkit

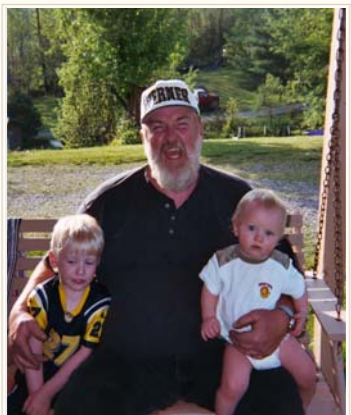
Interdisciplinary Input

- * Physicians
- * Nurses
- * Health & Diabetes Educators
- * Communication
- * Theatre
- * Visual Arts
- * Film-maker
- * Webmaster
- * Community Persons
- * Persons with Diabetes & Family



Evidence-Based

- * Published literature
- * New research
- * Life experience
- * Common culture



Dissemination & Evaluation Project

▣ Project I

- ▣ 8 southeast Ohio counties (Athens, Hocking, Lawrence, Meigs, Perry, Pike, Ross, Vinton)

▣ Project II

- ▣ 8 southeast Ohio counties (Adams, Athens, Brown, Lawrence, Perry, Ross, Scioto)
- ▣ Kentucky (Carter, Lewis, Rowan)
- ▣ West Virginia (Wayne)

County Teams & SUGAR Helpers



- Two day training session
- Wrap-up sessions
- On-going support
- Access to materials & Staff
- Small budgets

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Study Findings

- ❑ Collaboration & partnerships
- ❑ Educate & promote awareness
- ❑ Access to health information
- ❑ Personal lifestyle changes



Strengthening Communities to Prevent **Diabetes** in **Appalachia's** Vulnerable Populations

- ❑ Region I (KY, OH)
- ❑ Region II (VA)
- ❑ Region III (MS)

\$2.5 million/5 year project



Project Goals

- Strengthen rural diabetes coalitions
- Prevent type 2 diabetes (Knowledge, behaviors, policy, environment)



Year One Activities

- ❑ Town meetings
- ❑ Hired liaisons
- ❑ Healthy Community Assessments
- ❑ Walkability Assessments
- ❑ Mini-budget projects
- ❑ Story-telling Interviews



Year Two Project Goals

- ❑ Coalition strengthening
- ❑ Faith-based ministries
- ❑ Identify health professionals needs

