













**Healthcare  
Transformation in Ohio**

Ted Wymyslo, MD  
Director  
Ohio Department of Health

Adherence Summit II - Continuing Medical Educators  
Nov. 14, 2011

The slide features a light blue background with a faint outline of the state of Ohio. On the left is the Ohio Department of Health logo, which is circular and contains the text "OHIO DEPARTMENT OF HEALTH" and "To protect and improve the health of all Ohioans". The main title "Healthcare Transformation in Ohio" is in a large, bold, dark red font. Below the title, the name and title of the director, Ted Wymyslo, MD, are listed in a smaller, grey font. At the bottom, the event details "Adherence Summit II - Continuing Medical Educators" and the date "Nov. 14, 2011" are displayed in a white font against a dark blue background.

# Ohio's Health System Performance

## Health Outcomes – 42<sup>nd</sup> overall<sup>1</sup>

- 42<sup>nd</sup> in preventing infant mortality (only 8 states have higher mortality)
- 37<sup>th</sup> in preventing childhood obesity
- 44<sup>th</sup> in breast cancer deaths and 38<sup>th</sup> in colorectal cancer deaths

## Prevention, Primary Care, and Care Coordination<sup>1</sup>

- 37<sup>th</sup> in preventing avoidable deaths before age 75
- 44<sup>th</sup> in avoiding Medicare hospital admissions for preventable conditions
- 40<sup>th</sup> in avoiding Medicare hospital readmissions

## Affordability of Health Services<sup>2</sup>

- 37<sup>th</sup> most affordable (Ohio spends more per person than all but 13 states)
- 38<sup>th</sup> most affordable for hospital care and 45<sup>th</sup> for nursing homes
- 44<sup>th</sup> most affordable Medicaid for seniors



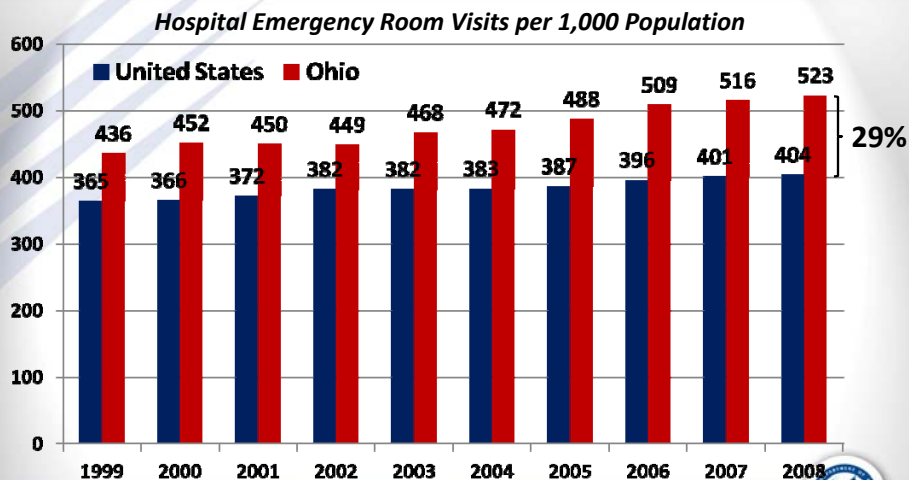
Governor's Office of Health Transformation

Sources: (1) Commonwealth Fund 2009 State Scorecard on Health System Performance  
(2) Kaiser Family Foundation State Health Facts (updated March 2011)



## Medical Hot Spot:

### Emergency Department Utilization: Ohio vs. US



Governor's Office of Health Transformation

Source: American Hospital Association Annual Survey (March 2010) and population data from Annual Population Estimates, US Census Bureau: <http://www.census.gov/popest/states/NST-ann-est.html>.

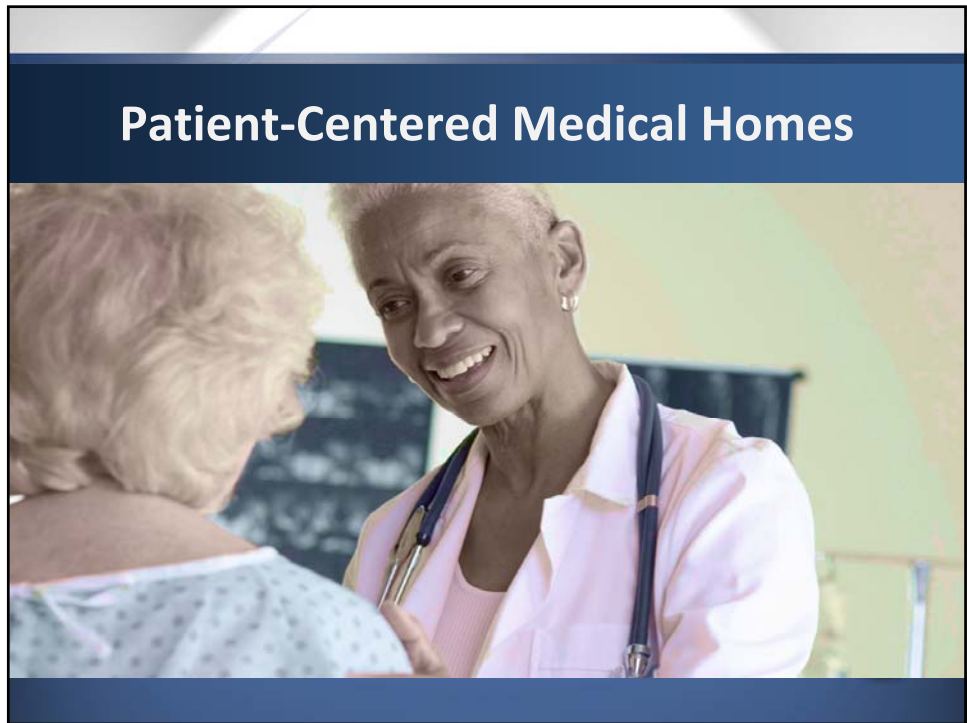


Fragmentation	vs. Coordination
<ul style="list-style-type: none"> <li>• Multiple separate providers</li> <li>• Provider-centered care</li> <li>• Reimbursement rewards volume</li> <li>• Lack of comparison data</li> <li>• Outdated information technology</li> <li>• No accountability</li> <li>• Institutional bias</li> <li>• Separate government systems</li> <li>• Complicated categorical eligibility</li> <li>• Rapid cost growth</li> </ul>	<ul style="list-style-type: none"> <li>• Accountable medical home</li> <li>• Patient-centered care</li> <li>• Reimbursement rewards value</li> <li>• Price and quality transparency</li> <li>• Electronic information exchange</li> <li>• Performance measures</li> <li>• Continuum of care</li> <li>• Medicare/Medicaid/Exchanges</li> <li>• Streamlined income eligibility</li> <li>• Sustainable growth over time</li> </ul>



Governor's Office of Health Transformation

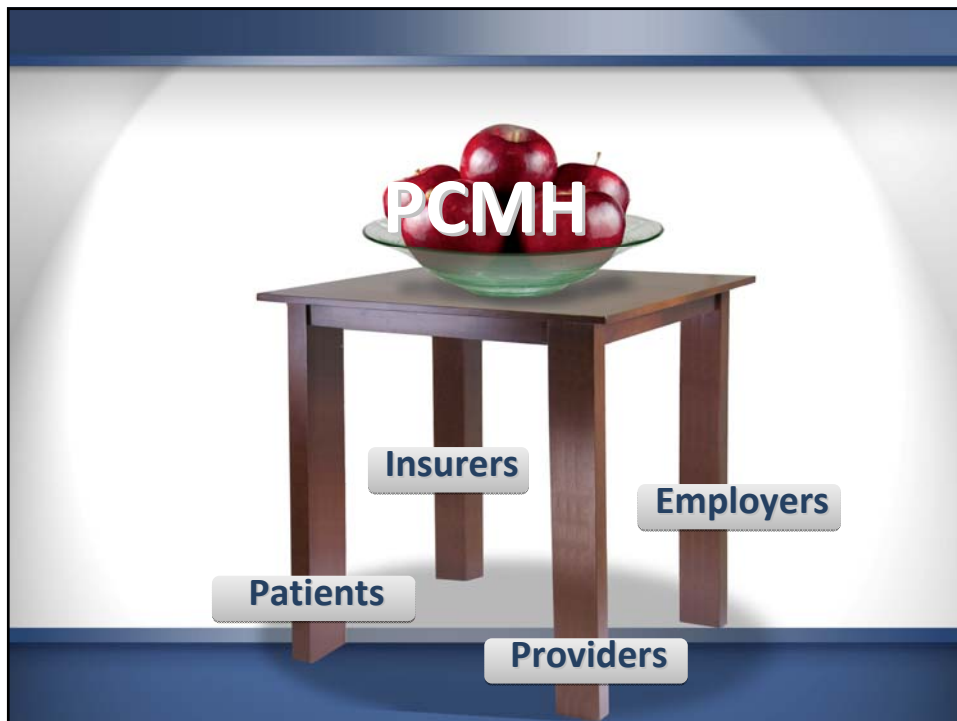
SOURCE: Adapted from Melanie Bella, *State Innovative Programs for Dual Eligibles*, NASMD (November 2009)



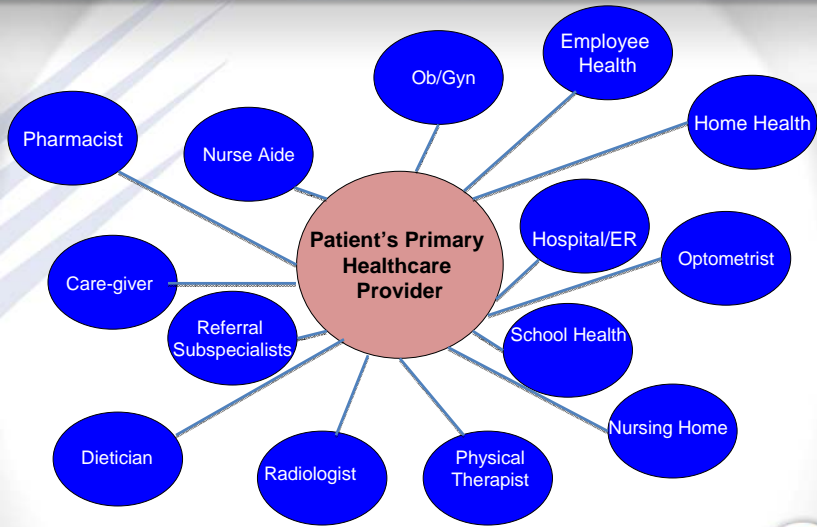
## Patient-Centered Medical Homes

## Patient-Centered Medical Homes

- Primary Healthcare Provider
- Whole Person Orientation
- Care is Coordinated and/or Integrated
- Quality and Safety are Hallmarks
- Enhanced Access
- Payment for Value



## Medical Neighborhood



19

## House Bill 198

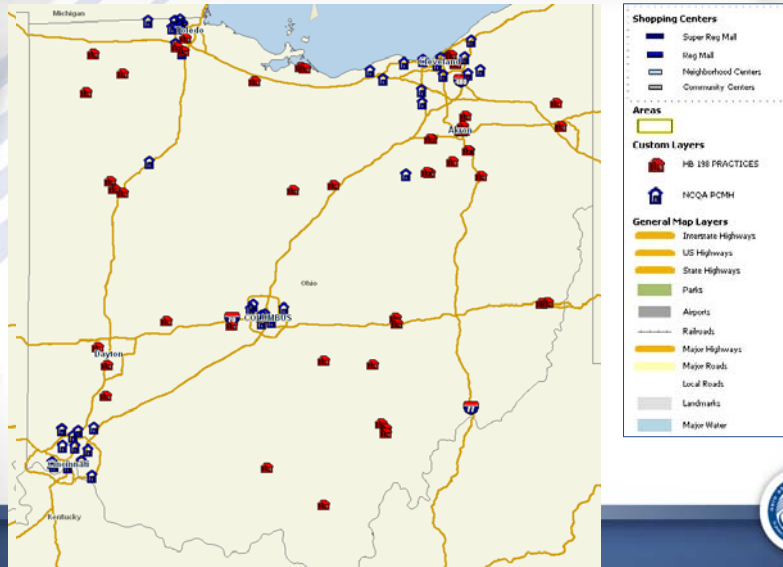
### Ohio Patient-Centered Medical Home Education Pilot Project

- ▶ 44 total practices, 4 medical schools & 5 nursing schools
- ▶ Charge from **HB 198**
  - ▶ Loan Repayment
  - ▶ Reimbursement Reform
  - ▶ Curriculum Reform



## State of Ohio

Existing NCQA-Recognized Patient Centered Medical Homes (As of 10/24/2011)



## Ohio Patient-Centered Primary Care Collaborative

Facilitated by the Ohio Department of Health

Responsibilities:

- Coordinates communication among existing Ohio PCMH practices
- Facilitates statewide learning in collaborative PCMH practices in Ohio
- Facilitates new PCMH practice startup in Ohio
- Shapes policy in Ohio for statewide PCMH adoption

## The Goal: Health Care Consumers that are Involved in Their Care

- Better Care Coordination: Providers interact with their patients on a continual basis
- Electronic Connectivity: Providers communicate with each other and their patients about their care
- Patient Navigators: More care happens outside the provider's office through the patient navigator
- Patient Adherence: Increased adherence to treatment plans



## Compliance vs. Adherence

**Compliance:** patients complying with their healthcare provider's advice.

**Adherence:** Patients actively working with their healthcare provider to set health-related goals and establish treatment for their health condition(s).



(Source: Volume 24, Number 2, 2006, Clinical Diabetes)

## How Patient Adherence and the PCMH Model Go Hand-in-Hand

- Both require active participation by the patient.
- Both require collaboration between patient and provider.
- Both require treatment that has a whole person orientation.



## Foundations for Effective Engagement

- I. Mutual goal and expectation setting
- II. Mutual progress feedback
- III. Patient-provider relationship development
- IV. Availability and use of appropriate healthcare setting



(Source: Patient-Centered Primary Care Collaborative)

## Foundations for Effective Engagement

IV. Accurate and complete information flow between patient and provider

V. Patient activation for self-management

VII. Shared decision-making

VIII. Family engagement and activation



(Source: Patient-Centered Primary Care Collaborative)

## Other PCMH Practices to Improve Adherence

- Implement patient registries for chronic conditions.
- Give patients 24/7 access to your practice.
- Group medical visits.
- Implement same-day scheduling.
- Promote wellness visits and screenings.
- Train staff in health promotion and risk reduction.
- Use of care coordination/community health workers.



## Contact Information

**Ted Wymyslo, M.D.**

Director, Ohio Department of Health

(614) 466-2253

[Ted.Wymyslo@odh.ohio.gov](mailto:Ted.Wymyslo@odh.ohio.gov)

