

*Cleveland Clinic Digestive Disease Institute presents...*

**6TH ANNUAL**

# Updates in General Surgery

**February 2–5, 2024**

Viewline Resort Snowmass  
Snowmass Village, Colorado

**ABS MOC  
Self-  
Assessment  
credits**

## **PRIMARY ACTIVITY DIRECTOR**

**Michael Rosen, MD**

Professor of Surgery  
Cleveland Clinic Lerner  
College of Medicine  
Director, Comprehensive  
Hernia Center  
Department of General Surgery  
Digestive Disease Institute  
Cleveland Clinic, Cleveland, OH



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# Updates in General Surgery

## **COURSE DESCRIPTION**

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Technology for general surgery is constantly evolving. This course will provide an interactive and comprehensive experience focusing on management and treatment options from a general surgical perspective.

The goal of the Cleveland Clinic presents Updates in General Surgery is to provide an atmosphere to foster collaboration, innovation and sharing a cost-effective diagnostic approach for patients with complex general surgery cases involving hernia, colorectal and trauma surgery. Foregut, hepatobiliary, breast, thyroid, parathyroid and genitourinary topics will also be discussed, along with a variety of topics affecting the rural/community surgeon.

We will cover what is new in enhanced recovery protocols and offer interactive sessions consisting of cases and questions and answers. American Board of Surgery (ABS) Maintenance of Certification (MOC) self-assessment credits will be offered. Great refresher course for ABSITE training exam.

## **EDUCATIONAL OBJECTIVES**

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After completing this educational activity, the participant will be able to do the following:

- Describe the indications and contraindications for managing various cases of ventral and inguinal hernia repairs
- Discuss management strategies for biliary disease, including surgical and endoscopic therapies
- Discuss management and prevention strategies for common bile duct stones, biliary injuries, and difficult cholecystectomies
- Review management of pancreatitis
- Identify endoscopic approaches to GI bleeding and foreign body extraction
- Review common controversies and management strategies for paraesophageal hernia repairs
- Outline how to manage traumatic injuries with limited resources
- Describe the principles of stabilization after traumatic injuries and transfer to higher level of care
- Identify resuscitative strategies in acute trauma patients
- Discuss evidence-based and cost-effective diagnostic approach for patients with common benign and malignant colorectal cases
- Describe management of surgical treatment of common breast pathologies including oncologic techniques
- Identify emergency airway control in under resourced areas
- Discuss management strategies for common GU and GYN surgical issues related to general surgeons practicing in rural settings
- Outline wound care adjuncts and how to utilize them in one's postoperative practice
- Discuss surgical burnout and ways to mitigate these feelings

## **TARGET AUDIENCE**

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This interactive, comprehensive event is designed for general surgeons, fellows, residents and other medical professionals.

# ral Surgery

## FACULTY

### PRIMARY ACTIVITY DIRECTOR



#### Michael Rosen, MD

Professor of Surgery  
Cleveland Clinic Lerner College of Medicine  
Director, Comprehensive Hernia Center  
Department of General Surgery  
Digestive Disease Institute  
Cleveland Clinic, Cleveland, OH

### CLEVELAND CLINIC FACULTY

Nima Almassi, MD

Lindsey Beffa, MD

Lucas Beffa, MD

Bradley Champagne, MD

Emre Gorgun, MD

Arielle Kanters, MD

Cathleen Khandelwal, MD

David Krpata, MD

Emanuele Lo Menzo, MD

David Maron, MD

Benjamin Miller, MD

Joseph Scharpf, MD

Hassan Siddiki, MD

Robert Simon, MD

Samuel Szomstein, MD

Stephanie Valente, DO

### GUEST FACULTY

#### Kenji Inaba, MD

Professor of Surgery (Clinical Scholar), Keck School of Medicine of USC  
Director, General Surgery Program, Vice Chair, Department of Surgery  
Chief, Trauma, Emergency Surgery, and Surgical Critical Care  
LAC+USC Medical Center, Los Angeles, CA

#### Justin A. Maykel, MD

Joseph M. Streeter and Mary Streeter DeFeudis  
Endowed Chair in Surgery  
Chief, Division of Colorectal Surgery,  
UMass Memorial Medical Center  
Professor, University of Massachusetts Medical  
School, Worcester, MA

#### Aaron Strumwasser, MD, MSc

Trauma Medical Director and Director of Trauma-SICU  
Chair, Department of Surgery  
St. Francis Medical Center, Lynwood, CA  
President/CEO, Desert Trauma Surgeons, Inc.

### CO-ACTIVITY DIRECTORS

#### Ajita Prabhu, MD

Associate Professor of Surgery,  
Cleveland Clinic Lerner College  
of Medicine  
Director, Cleveland Clinic General  
Surgery Residency Program  
Staff Surgeon, Department of  
General Surgery  
Digestive Disease Institute,  
Cleveland Clinic

#### David R. Rosen, MD

Assistant Professor of Surgery,  
Cleveland Clinic Lerner College  
of Medicine  
Chief, Section of Colorectal Surgery,  
Cleveland Clinic Fairview Hospital  
Department of Colorectal Surgery  
Digestive Disease Institute

#### Scott R. Steele, MD, MBA

Professor of Surgery, Cleveland Clinic  
Lerner College of Medicine  
Chairman, Department of Colorectal  
Surgery  
Rupert B. Turnbull, MD, Endowed  
Chair in Colorectal Surgery  
Digestive Disease Institute,  
Cleveland Clinic

*"This was my first time at this event. I have been in practice as a general surgeon in small communities for almost 28 years. This conference has something for everyone and I like the idea of a 'general surgery' theme, rather than other conferences that are just 'hernia' or 'breast', for example. I liked the relaxed environment and the interactive Slido polls encouraging audience participation. I thought the selection of speakers was excellent. I liked the panel discussions where you got to see differing opinions or approaches to a situation, and the moderators did a great job scanning through the audience questions and quickly organizing these into succinct scenarios for the panel."*

– Comment from 2023 course attendee

# AGENDA Friday, February 2, 2024

Co-Activity Director: *Ajita Prabhu, MD*

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## SESSION 1: HERNIA

### Morning Session

- 5:30 am Breakfast / Exhibits
- 6:30 am Introduction to Course  
*Michael Rosen*
- 6:40 am Shouldice! How I Do It  
*Michael Rosen*
- 6:55 am MIS Inguinal Hernia Repair – How I Do It  
*Emanuele Lo Menzo*
- 7:10 am Groin Pain After Inguinal Hernia Repair – What Now??  
*David Krpata*
- 7:25 am Are We Over-Optimizing for Hernia Repair?  
*Benjamin Miller*
- 7:40 am Hernia Alphabet Soup – Keep It Simple, Stupid  
*Michael Rosen*
- 7:55 am Open Preperitoneal Umbilical Hernia Repair – How I Do It  
*Emanuele Lo Menzo*
- 8:10 am The Role of Robotics in Hernia Repair  
*Samuel Szomstein*
- 8:25 am Panel Discussion
- 8:40 am Break / Exhibits
- 8:55 am Lap and Robotic IPOM – Oldies But Goodies  
*Ajita Prabhu*

- 9:10 am Rectus Diastasis With and Without Hernia  
*Samuel Szomstein*
- 9:25 am Show Me the Money – How Do I Bill for Hernia Repair?  
*Emanuele Lo Menzo*
- 9:40 am Panel Discussion
- 10:00 am Adjourn

### Afternoon Session

- 3:30 pm Apres Ski Snacks / Exhibits
- 4:00 pm Open and MIS Component Separations – Who/Why/How  
*Benjamin Miller*
- 4:30 pm Parastomal Hernias: How I Do It  
*David Krpata*
- 4:45 pm Fight or Flight? Staging or Biting the Bullet  
*Lucas Beffa*
- 5:00 pm Rosen Left Town: Dealing With Our Partner's Complications  
*Ajita Prabhu*
- 5:30 pm Panel Discussion
- 6:00 pm Break / Exhibits
- 6:15 pm Hernia Consult Clinic  
*Lucas Beffa*
- 6:45 pm Hernia School  
*Michael Rosen*
- 7:30 pm Adjourn

# AGENDA Saturday, February 3, 2024

Co-Activity Director: *Michael Rosen, MD*

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## SESSION 2: RURAL & GENERAL SURGERY PART 1: FOREGUT and HEPATOBILIARY EXTRAVAGANZA

### Morning Session

- 5:30 am Breakfast / Exhibits
- 6:30 am Introduction to the Day  
*Michael Rosen*
- 6:35 am ICG in Biliary Surgery. Is the Future This Bright?  
*Samuel Szomstein*
- 6:50 am Endoscopic Management of Gallbladder and Pancreatic Disease: Is This the Future?  
*Hassan Siddiki*
- 7:05 am Laparoscopic CBDE: Making It Feasible for the Practicing Surgeon – Tips and Tricks  
*Benjamin Miller*
- 7:20 am Managing Gallbladder Diseases: How to Stay Out of Trouble and How to Get Out of Trouble  
*Robert Simon*
- 7:35 am Managing Pancreatitis in 2024. What's New?  
*Robert Simon*

- 7:50 am Panel Discussion
- 8:05 am Break / Exhibits
- 8:20 am Tips and Tricks for Stopping Upper GI Bleeding With the Endoscope. Lessons Learned From Your Gastroenterology Colleague  
*Hassan Siddiki*
- 8:35 am Foreign Body Retrieval. I Can Get That Out of There, So You Don't Have To Go in There!  
*Hassan Siddiki*
- 8:50 am There is a Bariatric Patient in My ER – What Do I Do? Updates for the Non-Bariatric Surgeon  
*Emanuele Lo Menzo*
- 9:05 am Top 5 Controversies in Paraesophageal Hernia Repair – Wrap, Colis, Gastropexy, Mesh, and Robot  
*Lucas Beffa*
- 9:20 am Operative Nightmares in Foregut Surgery. How to Get Out of Trouble!  
*Ajita Prabhu*
- 9:35 am Panel Discussion
- 10:00 am Adjourn

Saturday, February 3, 2024 (continued)

## SESSION 3: TRAUMA

Co-Activity Director: *David R. Rosen, MD*

### Afternoon Session

3:30 pm	Apres Ski Snacks / Exhibits	5:35 pm	On an Island: Trauma Techniques When No Specialist Help Is Coming <i>Aaron Strumwasser</i>
4:00 pm	Introduction <i>David Rosen</i>	5:55 pm	Liver Trauma: Nonoperative, IR, OR? <i>Cathleen Khandelwal</i>
4:05 pm	Major Trauma at a Small Hospital: Preparing for Higher Level of Care <i>Aaron Strumwasser</i>	6:15 pm	Resuscitative Thoracotomy: Who, When, How? <i>Kenji Inaba</i>
4:25 pm	Damage Control Laparotomy: Who, When, How? <i>Cathleen Khandelwal</i>	6:35 pm	Panel Discussion / Q&A / Case Discussion
4:45 pm	Major Vascular Injury: HELP! <i>Kenji Inaba</i>	6:55 pm	Recap and Wrap Up <i>David Rosen</i>
5:05 pm	Panel Discussion/Q&A	7:00 pm	Adjourn
5:25 pm	Break / Exhibits		

*"Great course for the working general surgeon. I was so glad to be back at this conference (this was my 2nd). I plan on and look forward to seeing you all next year in Snowmass."*

## AGENDA Sunday, February 4, 2024

Co-Activity Director: *Scott R. Steele, MD*

## SESSION 4: COLORECTAL

### Morning Session

5:30 am	Breakfast / Exhibits
6:30 am	Welcome & Introduction <i>Scott Steele</i>
6:35 am	A View From the Bottom: Hemorrhoids <i>Bradley Champagne</i>
6:45 am	A Crack in the Foundation: Anal Fissures <i>David Maron</i>
6:55 am	Boils Aren't Just For the Skin – Perianal Abscess <i>Justin Maykel</i>
7:05 am	Anal Fistula: Highways Across the Perineum <i>Arielle Kanters</i>
7:15 am	Not Your Grandfather's "Jeep Disease": Pilonidal Management <i>Emre Gorgun</i>
7:30 am	Panel 1: Anorectal Potpourri
8:30 am	Break / Exhibits
8:45 am	Panel 2: Leaks and Tics
10:00 am	Adjourn

### Afternoon Session

3:30 pm	Apres Ski Snacks / Exhibits	4:05 pm	Colonoscopy Technical Tips 1 – Cannot Progress, Now What? <i>David Maron</i>
4:00 pm	Introduction & Morning Recap <i>Scott Steele</i>	4:15 pm	Colonoscopy Technical Tips 2 - Dealing With Bleeding- Tics, Polypectomy & More <i>Arielle Kanters</i>
		4:25 pm	Robotics Technical Tips Part 1 – How to Expose Better <i>David Rosen</i>
		4:35 pm	Robotics Technical Tips Part 2 - Pushing the Boundaries of Your Comfort <i>Emre Gorgun</i>
		4:45 pm	Was Elton John Correct By Telling Us Not to Let the Sun Go Down on Me? <i>Bradley Champagne</i>
		4:55 pm	LBO – Getting Yourself Out of Trouble <i>Justin Maykel</i>
		5:05 pm	Panel 3: Coloproctological Boards
		6:45 pm	Closing Thoughts and Recap
		7:00 pm	Adjourn

*"It continues to be the only conference I am excited to attend. It covers every day surgery practice topics, in a collegial, collaborative and interactive approach, for enhanced learning. Great way to spend time with colleagues, speakers, and family!"*



## AGENDA Monday, February 5, 2024

Activity Director: *Michael Rosen, MD*

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### SESSION 5: RURAL & GENERAL SURGERY PART 2: POTPOURRI

- 5:30 am Breakfast / Exhibits
- 6:30 am Introduction to the Day  
*Michael Rosen*
- 6:35 am Oncoplastic Surgery Techniques: What Every General Surgeon Should Know  
*Stephanie Valente*
- 6:50 am Gyn for the General Surgeon in the Real World: A Primer on C-Sections to Emergency Gyn Surgery  
*Lindsey Beffa*
- 7:05 am Top 10 Proliferative Breast Disorders and Treatment. (Nipple discharge, papilloma, atypical DH, gynecomastia and more)  
*Stephanie Valente*
- 7:20 am Emergency General Surgery in a Pregnant Patient: What General Surgeons Need to Know  
*Lindsey Beffa*
- 7:35 am Panel Discussion
- 7:50 am Break / Exhibits
- 8:05 am Thyroid and Parathyroid Pearls for the General Surgeon  
*Joseph Scharpf*
- 8:20 am Wound Care Adjuncts: Powders, Potions, and VACS – What Works and What Should I Be Using?  
*Benjamin Miller*

*"I think you've struck a healthy balance between 'bread and butter' general surgery, to 'cool' stuff only seen at academic institutions."*

- 8:35 am Is That Urine in the Field? Managing GU Injuries to the Bladder and Ureters When You're on Your Own  
*Nima Almassi*
- 8:50 am Managing All the GU Nightmares You Were Afraid to Ask About: Testicular Torsion, Priapism, Difficult Foley, Phimosis and Dealing with Urologic Implants  
*Nima Almassi*
- 9:05 am Surgical Burnout. How Can We Feel the Way We Do in Snowmass at Work Every Day?  
*David Krpata*
- 9:20 am What Every Surgeon Should Know About Emergency Airway Control  
*Joseph Scharpf*
- 9:35 am Panel Discussion
- 10:00 am Adjourn

*"Thanks for a great conference! My husband and I loved the location. I think relaxed interactive feel helped me learn things and question my practice compared to the 'typical' conference experience of tuning out while the 9th person in a row presents their cutting edge research on a clinical condition I'll never see or treat."*

# GENERAL INFORMATION

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## Location

### Viewline Resort Snowmass

100 Elbert Lane  
Snowmass Village, CO 81615  
Reservations: 970.742.0005  
(Mention group name: Cleveland Clinic)

\$509 per night (Standard Room)  
*(\$50 daily resort fee has been reduced to \$40 per day for all conference attendees)*

Room block at the above group rate is limited and will expire by January 4, 2024, or **until block is full**. Early reservations are strongly encouraged.

**Register online at**  
[ccfcme.org/UpdateGENSUR](https://ccfcme.org/UpdateGENSUR)

### Fee includes:

Breakfast, Afternoon snacks each conference day

Category	On or before Dec. 8, 2023	After Dec. 8, 2023
Physician	\$995	\$1,095
Non-Physician	\$595	\$695
Resident/Fellow	\$595	\$695
Corporate	\$1,695	\$1,895

## Information

If you have any questions about the conference, contact Rita Rys at [rysr@ccf.org](mailto:rysr@ccf.org).

## Cancellation Policy

See registration website for cancellation policy.

## Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at [rysr@ccf.org](mailto:rysr@ccf.org) at least two weeks prior to the activity.

## Accreditation

In support of improving patient care, Cleveland Clinic Center for Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum 22.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

This activity qualifies for 22.0 self-assessment credits toward Part 2 of the American Board of Surgery (ABS) Maintenance of Certification (MOC) Program.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME and Self-Assessment requirements of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

## Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Integrity and Independence requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

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**Cleveland Clinic**

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Cleveland, OH 44195

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