Advanced Practice Nursing
Annual Endocrine Symposium

“Solving the Puzzle of Endocrine Disease”

February 21, 2013
Cleveland Clinic Administrative Campus, Building #3 Auditorium
Beachwood, OH

Register Today! www.ccfcme.org/6APN13
Course Overview
Advanced practice nurses will learn valuable information in treating patients with endocrinology disorders. Expert faculty will present up-to-date information for clinical practice.

Target Audience
This activity is designed for nurse practitioners and nurses who provide care to patients with endocrine disorders. Other health care professionals with an interest in endocrine disorders will also gain significant knowledge from this activity.

Learning Objectives
• Acquire an understanding of the medical and surgical approaches for the treatment of obesity and related diabetes;
• Understand the efficacy and side effect profile of bariatric surgery;
• State the prevalence and significance of having both heart failure and diabetes;
• Discuss nursing care priorities in managing both diabetes and heart failure;
• Discuss common causes of glucose excursions;
• Review time course of action of different insulins;
• Apply knowledge of insulin action to dose adjustment;
• Review diagnostic and management strategies in women with diabetes complicating pregnancy;
• Review cases and discuss new endocrine society guidelines pertaining to thyroid abnormalities in pregnancy;
• Define how various DM medications target pathophysiology of DM2;
• Review pathophysiology of DM2;
• Define a stepwise approach to pharmacotherapy and DM 2 management;
• Discuss PCOS and review diagnostic criteria and lab test for PCOS;
• Review management strategies and treatment guidelines for PCOS.

Activity Directors
Sara Omidi, MSN, RN, C-ANP, CDE
Nurse Practitioner
Endocrinology, Diabetes and Metabolism
Cleveland Clinic

Julie L. Stone, MSN, RN, ACNP-BC
Nurse Practitioner
Endocrinology, Diabetes and Metabolism
Cleveland Clinic

Pamela Combs, MSN, RN, C-ANP, CDE
Nurse Practitioner
Endocrinology, Diabetes and Metabolism
Cleveland Clinic

Erik Anderson, MSN, RN, C-ANP
Nurse Practitioner
Endocrinology, Diabetes and Metabolism
Cleveland Clinic

Cleveland Clinic Faculty
Nancy Albert, PhD, CCNS, CHFN, CCRN, NE-BC
Director of Nursing Research and Innovation and CNS Heart Failure
Heart and Vascular Institute

Kevin Borst, DO
Associate Staff
Endocrinology, Diabetes and Metabolism

Sangeeta Kashyap, MD
Staff
Endocrinology, Diabetes and Metabolism

Cristina King, MSN, C-NP, RN, CDE
Nurse Practitioner
Endocrinology, Diabetes and Metabolism

M. Cecilia Lansang, MD, MPH
Director of Inpatient Diabetes Services
Endocrinology, Diabetes and Metabolism

Adi Mehta, MD
Staff
Endocrinology, Diabetes and Metabolism
## Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>7:00 am</td>
<td>Registration</td>
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| 7:55 am | Welcome and Introduction
Sara Omidi, MSN |
| 8:00 am | Weight Management and STAMPEDE Study Summary
Sangeeta Kashyap, MD
Keynote Speaker |
| 9:00 am | Heart Failure and Diabetes Mellitus
Nancy Albert, PhD |
| 10:00 am| Refreshment Break/Exhibits                                               |
| 10:20 am| Update on Type 2 Diabetes Mellitus Pharmacology
Cristina King, MSN |
| 11:20 am| Glucose Patterns and Insulin Use
Cecilia Lansang, MD |
| 12:20 pm| Lunch                                                                    |
| 1:20 pm | Polycystic Ovarian Syndrome
Adi Mehta, MD |
| 2:20 pm | Evaluation and Management of Diabetes and Thyroid Dysfunction in Pregnancy
Kevin Borst, DO |
| 3:20 pm | Evaluation                                                                |
| 3:45 pm | Adjourn and Closing Remarks
Sara Omidi, MSN |

A five-minute question and answer period is included in each presentation.

## Registration and Cancellation

Preregistrations are accepted online until 2:00 pm ET on February 20, 2013. Please register on-site after this date. In case of cancellation, a full refund will be made if canceled by February 19, 2013. After February 20, 2013, a $50.00 cancellation fee will be deducted from your refund. Written notification of your cancellation is required to process your refund. **NO REFUNDS WILL BE ISSUED AFTER February 21, 2013.**

## Accreditation

Cleveland Clinic (OH-045, 10/1/2015) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

## Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at least two weeks prior to the activity.
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“Solving the Puzzle of Endocrine Disease”

General Information
Location
Cleveland Clinic Administrative Campus, Building #3 Auditorium
3050 Science Park Drive, Beachwood, OH 44122

Directions
From the North: Take I-271 south to the Chagrin Blvd. exit. Turn right onto Chagrin Blvd. Turn right onto Enterprise Parkway. Turn right onto Science Park Drive. The surface lot is on the last driveway on your left. Drive to Building 3 (it is the building farthest back on your right).

From the South: Take I-271 north to the Chagrin Blvd. exit. Turn left onto Chagrin Blvd. Go across the bridge and turn right onto Enterprise Parkway. Turn right onto Science Park Drive. The surface lot is on the last driveway on your left. Drive to Building 3 (it is the building farthest back on your right).

Recommended Area Hotels
Hilton Cleveland East/Beachwood
3663 Park East Drive, Beachwood, OH 44122
216.464.5950
$105.00 Plus Tax

Homewood Suites – Hilton
25725 Central Parkway, Beachwood, OH 44122
216.464.9600
$119.00 Plus Tax

Parking
Free parking is available in the parking lot outside the building.

Information
For further information about this activity, contact the Center for Continuing Education at:
Local: 216.448.0770
Toll Free: 800.238.6750

Web Address:
www.ccfcme.org/6APN13
For questions about registering online, call 216.448.0777 or email cmeregistration@ccf.org
REGISTRATION FORM

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Register Online
www.ccfcme.org/6APN13
Once you register online, please do not mail in a registration form. Cleveland Clinic employees should register or check fees online.

Conference Registration Fees

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<tr>
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<th>CCF Registration Fee</th>
<th>Non CCF Registration Fee</th>
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<tbody>
<tr>
<td>APN/NP/RN/PA/Physician</td>
<td>$90</td>
<td>$150</td>
</tr>
<tr>
<td>Nursing Student</td>
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Complete the information below if registering by mail.

Please Print

First Name: MI: Last Name: Degree:

Company Name:

Address:

City: State: Zip:

Phone Number: Fax Number:

Specialty: Email Address:

Type of Practice: ☑ Office-Based ☑ Hospital-Based ☑ Resident/Fellow ☑ Other

☑ I require a vegetarian lunch

Total amount enclosed: $ __________

Make check payable: The Cleveland Clinic Educational Foundation

Payment must be received prior to admittance to the activity. Purchase orders are not accepted.

Cleveland Clinic recognizes the importance of protecting the privacy and security of information provided to us. Therefore, we are no longer requesting credit card data in writing, including on registration forms or faxes. If you would like to register using a credit card please log in to www.ccfcme.org/6APN13 or call 216.448.0777 where it will be handled directly by a certified processor.

Mailing address: The Cleveland Clinic Educational Foundation
PO Box 931653, Cleveland, OH 44193-1082

For registration questions, please call 216.448.0777 or email cmeregistration@ccf.org