Breast Cancer Update: From Detection Through Treatment To Survivorship

Wednesday, November 13, 2019
7:30 am - 3:15 pm

Embassy Suites Hotel
5800 Rockside Woods Blvd.
Independence, Ohio

www.ccfcme.org/breastcancerupdate19
About the Course
This regional symposium will focus on providing an in-depth and up-to-date review of the detection and management of breast cancer.

Internal Medicine, Family Medicine, General Practice, Oncologists, Nurses, Nurse Practitioners, Physician Assistants and Residents/Fellows with an interest in the management of patients with breast cancer should attend this course.

Learning Objectives
As a result of attending the course, the participant will be able to:

• Describe the benefits of hormonal therapy and management strategies available to help women maintain their adherence to the medication.
• Discuss the latest data on management of breast pain and when to refer out to a specialist.
• Evaluate nipple discharge to differentiate between benign and malignant characteristics that need further evaluation.
• Identify causes of a delay in the diagnosis in breast cancer.
• Identify options to manage chemotherapy induced neuropathy.
• Identify patients at risk for lymphedema and help them be aware of options available for prevention today.
• Identify the aspects of integrative medicine that help improve the quality of life for the breast cancer patient.

Program Location
Embassy Suites Hotel
5800 Rockside Woods Blvd.
Independence, Ohio  44131
Phone: 216.986.9900

Accreditation
The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

The Ohio Board of Nursing will accept at face value the number of contact hours awarded for an educational activity that has been approved for CE by a nationally accredited system of CE approval.

Nurses are able to obtain CE that has been approved or provided by a nationally recognized accreditation system of continuing education.

Examples include:

• The American Nurses Credentialing Center (ANCC)
• The Accreditation Council for Continuing Medical Education (ACCME)
• The International Association for Continuing Education and Training (IACET)
Deadline for Registration & Cancellation
Register at www.ccfcme.org/breastcancerupdate19. The deadline for registration is 5:00 pm (EST), Monday, November 11, 2019. A request for refund must be received in writing by November 6, 2019. No refunds will be given after November 11, 2019. A $25 cancellation fee will be deducted from the refund for cancellations after November 6, 2019. For questions about registrations, please call 216.448.8710 or email cmeregistration@ccf.org.

Faculty Disclosure
The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Information
For further information about this activity, contact Sheryl Krall at Local: 216.444.7924 Toll Free: 800.223.2273 x47924 Email: kralls2@ccf.org

Course Director
Debra Pratt, MD
Department of Breast Services
Moll Cancer Center at Fairview Hospital

Invited Faculty
Sarah de Swart, PhD
Director, Office of Faculty Development
Case Western Reserve University

Cleveland Clinic Faculty
Sarah Cawley, PA-C
Center for Functional Medicine
Abdo Haddad, MD
Moll Cancer Center at Fairview Hospital
Megan Kruse, MD
Department of Hematology/Medical Oncology
Mary Longdon, PA-C
Department of General Surgery
Holly Pederson, MD
Department of Breast Services
Erica Peters, MD
Department of General Surgery
Diane Radford, MD
Department of Breast Services
Nasreen Starner, OTR/L, CLT
OT Wellness Center at Fairview Hospital
Stephanie Valente, DO
Department of Breast Services
Agenda

Wednesday, November 13, 2019
Embassy Suites Hotel, Independence, Ohio

7:30 am  
Registration/Continental Breakfast

8:00 am  
Welcome/Introduction  
Debra Pratt, MD

Session One  
Moderator: Mary Longdon, PA-C

8:15 am  
Breast Problems in the Adolescent Female  
Stephanie Valente, DO

8:45 am  
Genetics Update: Direct to Consumer Testing  
Holly Pederson, MD

9:15 am  
Nipple Discharge  
Erica Peters, MD

9:45 am  
Q&A

10:00 am  
Break/Exhibits

Session Two  
Moderator: Erica Peters, MD

10:15 am  
Breast Pain  
Stephanie Valente, DO

10:45 am  
Pitfalls in Diagnosis  
Debra Pratt, MD

11:15 am  
Contralateral Prophylactic Mastectomy: What it Can and Cannot Do  
Diane Radford, MD

11:45 am  
Q&A

12:00 pm  
Lunch

12:15 pm  
The Role of Integrative Medicine and Breast Cancer Treatment  
Sarah Cawley, PA-C

12:45 pm  
Break

Session Three  
Moderator: Diane Radford, MD

1:00 pm  
Lymphedema from a Patient Perspective  
Sarah de Swart, PhD

1:30 pm  
Lymphedema Management  
Nasreen Starner, OTR/L, CLT

2:00 pm  
Management of Side Effects of Hormonal Therapy for Breast Cancer  
Megan Kruse, MD

2:30 pm  
Chemotherapy Induced Neuropathy  
Abdo Haddad, MD

3:00 pm  
Q&A

3:15 pm  
Adjourn
Registration Information

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To register go to: www.ccfcme.org/breastcancerupdate19
CCF employees should check fees and register online at the above web address.

Registration Fees

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Physician</td>
<td>$75</td>
</tr>
<tr>
<td>Non Physician</td>
<td>$50</td>
</tr>
<tr>
<td>Residents/Fellows*</td>
<td>$50</td>
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</tbody>
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* Letter from program chairman or department chairman must accompany Resident/Fellow registration.

Fee includes registration materials, continental breakfast, lunch, and breaks.

Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify Cleveland Clinic at 216.444.7924 at least two weeks prior to the activity.
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