

Primary Care + Updates in Primary Care, Women's Health and Behavioral Medicine

Thursday, November 13th, 2025

8:15 am	Registration and Breakfast
8:55 am	Welcome & Introduction <i>Amy Zack, MD and Leslie DiRuzza, DO</i>
9:00 am	Assessment and Prevention of Falls in the Older Population <i>Anne Vanderbilt, CNP, CNS</i>
9:40 am	Men's Health: Common Penile and Testicular Disorders <i>Peter Bajic, MD</i>
10:20 am	Cardiovascular Disease Prevention: Challenging Cases <i>Luke Laffin, MD</i>
11:00 am	Refreshment Break
11:20 am	Perioperative Medical Management <i>Mariel Manlapaz, MD</i>
12:00 pm	Top 10 Research Studies of 2024-2025 <i>Melanie Malec, MD</i>
12:40 pm	Lunch
1:30 pm	Keynote Presentation: Advocacy in Medicine <i>Kevin Hopkins, MD</i>
2:20 pm	Measles: The Need to Know Right Now for Primary Care <i>Donald Dumford III, MD</i>
3:00 pm	Refreshment Break and Exhibits
3:20 pm	Scleroderma in Primary Care <i>Soumya Chatterjee, MD, MS</i>
4:00 pm	Non-pharmacologic Treatment of Back Pain <i>Korrie Beverley-Waters, DO</i>
4:40 pm	Celiac Disease vs Gluten Intolerance in Adults and Children, Food Intolerances? <i>Claire Jansson-Knodell, MD</i>
5:20 pm	Dinner and Exhibits

6:00 pm	Obstructive Sleep Apnea: Understanding the Sleep Study <i>Brian Chen, MD</i>
6:20 pm	Obstructive Sleep Apnea: Non-Mechanical Device Treatment <i>Brian Chen, MD</i>
6:40 pm	Obstructive Sleep Apnea: Hands on Review of OSA Treatment Devices (in-person only) <i>Brian Chen, MD</i>
8:00 pm	Adjourn

Friday, November 14th, 2025

7:15 am	Breakfast and Exhibits
7:55 am	Welcome and Introduction <i>Amy Zack, MD and Leslie DiRuzza, DO</i>
8:00 am	Fertility Preservation <i>Jenna Rehmer, MD</i>
8:40 am	Integrative Medicine Approach to Stress Management <i>Yufang Lin, MD</i>
9:20 am	Hormone Therapy <i>Nayoung Sung, MD</i>
10:00 am	Refreshment Break and Exhibits
10:20 am	Ovarian Cancer <i>Kevin Elias, MD</i>
11:00 am	Multiple Sclerosis in Women <i>Lindsay Ross, MD</i>
11:40 am	Obesity Treatment in Women <i>Reena Bose, MD</i>
12:20 pm	Lunch and Exhibits
1:20 pm	Hair Loss in Women <i>Melissa Piliang, MD</i>
2:00 pm	Update on Breast Cancer Screening <i>Lakshmi Khatri, MD</i>

2:40 pm	Refreshment Break and Exhibits
3:00 pm	Pelvic Floor Dysfunction and Recurrent UTI <i>Shannon Wallace, MD</i>
4:00 pm	Adjourn

Saturday, November 15th, 2025 – Behavioral Medicine

7:45 am	Breakfast and Exhibits
8:25 am	Welcome and Introduction <i>Robert Bales, MD</i>
8:30 am	Addiction Related Bacterial Infections <i>Steven Gordon, MD</i>
9:10 am	Alcohol Related Liver Disease <i>Akhil Anand, MD</i>
9:50 am	Dual Diagnosis – Addiction and Psychiatric Disease <i>Akhil Anand, MD</i>
10:30 am	Refreshment Break and Exhibits
10:50 am	Substance Abuse Disorder Risk Assessment, Screening and Intervention <i>Tanathun Kajornsakchai, MD</i>
12:10 pm	Lunch and Exhibits
1:00 pm	Non-Pharmacologic Therapies for Mood Disorders <i>Melanie Malec, MD</i>
1:40 pm	Depression in the Aging Patient <i>Kathleen Rogers, MD</i>
2:20 pm	Marijuana Update: Use, Assessment and Clinical Implications <i>Amy Zack, MD and Robert Bales, MD</i>
3:20 pm	Wrap-up <i>Amy Zack, MD, Leslie DiRuzza, DO, and Robert Bales, MD</i>
3:30 pm	Adjourn

A 5-minute question and answer period is included in each speaker's allotted time.