7th Annual Primary Care Evidence-Based Medicine Update

“Evidence that Matters”

October 26-27, 2018
Cleveland Clinic Administrative Campus
3175 Science Park Drive, Building #4, Auditorium
Beachwood, OH

Register Today! ccfcmef.org/primarycare18

SPECIAL DRAWING
Register BEFORE August 24 and attend the course to be entered to win an iPad.
Presenting the 7th Annual Primary Care Evidence-Based Medicine Update “Evidence that Matters”

Primary care providers, more than any other health care providers, are required to be knowledgeable of the most recent practices in a wide array of medical specialties.

This educational activity is designed to address primary care clinicians’ knowledge and educational needs through short presentations that review and analyze recent findings from pertinent clinical research, with a specific focus on research studies that have immediate implications for practice. Most of the studies reviewed will be well-designed randomized clinical trials and meta-analyses.

Who Should Attend?

This activity is designed for family physicians, general internists, nurses, nurse practitioners, physician assistants, and other health care professionals who have an interest in primary care.

Come To This Meeting and Learn How To

• Summarize the most recently published data from research and clinical trials that have clinical implications for primary care medicine
• Discuss the evidence on new, revised, and standard treatment approaches for a variety of topics as they relate to primary care practitioners
• Describe updates in clinical decision tools for screening and differential diagnosis of diseases
• Review the clinical implications of research on topical areas of interest to primary care practitioners, including substance abuse, dementia, exercise in rehabilitation, and both men’s and women’s health

Activity Codirectors

Neha B. Vyas, MD, FAAFP
Family Medicine
Mayfield Heights Family Medicine
Cleveland Clinic
Cleveland, OH

David Wendt, MD
Family Medicine
Beachcliff Family Medicine
Cleveland Clinic
Cleveland, OH

John Hickner, MD, MSc
Professor and Chair
Department of Family Medicine
University of Illinois, Chicago
Chicago, IL

Guest Faculty

Mark H. Ebell, MD, MS
Associate Professor
College of Public Health
The University of Georgia
Editor, Essential Evidence Plus
Athens, GA

Gary S. Ferenchick, MD
Professor of Medicine
Michigan State University
East Lansing, MI

Cleveland Clinic Faculty

Donald B. Ford, MD, MBS, FAAFP
Family Medicine

Laura D. Lipold, MD, NMCP
Family Medicine

Carl Tyler Jr, MD
Family Medicine

Samina Yunus, MD
Family Medicine
# AGENDA

## Friday, October 26, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Registration, Continental Breakfast, and Exhibits</td>
<td></td>
</tr>
<tr>
<td>8:00 am</td>
<td>Welcome and Introductory Comments</td>
<td>Neha B. Vyas, MD</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Course Introduction</td>
<td>Mark H. Ebell, MD</td>
</tr>
<tr>
<td>8:30 am</td>
<td>Musculoskeletal</td>
<td>John Hickner, MD</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Acute Respiratory Infections</td>
<td>Mark H. Ebell, MD</td>
</tr>
<tr>
<td>9:30 am</td>
<td>HTN: Focus on SPRINT</td>
<td>Gary S. Ferenchick, MD</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Refreshment Break and Exhibits</td>
<td></td>
</tr>
<tr>
<td>10:15 am</td>
<td>Pediatric Potpourri</td>
<td>Neha B. Vyas, MD</td>
</tr>
<tr>
<td>10:45 am</td>
<td>Vitamins: To Take or Not to Take?</td>
<td>John Hickner, MD</td>
</tr>
<tr>
<td>11:15 am</td>
<td>Screening and Prevention</td>
<td>Mark H. Ebell, MD</td>
</tr>
<tr>
<td>11:45 am</td>
<td>Behavioral Health</td>
<td>Carl Tyler Jr, MD</td>
</tr>
<tr>
<td>12:15 pm</td>
<td>Lunch and Exhibits</td>
<td>Women’s Health, Laura D. Lipold, MD</td>
</tr>
<tr>
<td>1:00 pm</td>
<td>Hyperlipidemia</td>
<td>Gary S. Ferenchick, MD</td>
</tr>
<tr>
<td>1:30 pm</td>
<td>Useful Tools for the POC Diagnosis</td>
<td>Mark H. Ebell, MD</td>
</tr>
<tr>
<td>2:00 pm</td>
<td>Asthma/COPD Update</td>
<td>John Hickner, MD</td>
</tr>
<tr>
<td>2:30 pm</td>
<td>Refreshment Break and Exhibits</td>
<td></td>
</tr>
<tr>
<td>3:00 pm</td>
<td>Exercise and Rehabilitation</td>
<td>Donald B. Ford, MD</td>
</tr>
<tr>
<td>3:15 pm</td>
<td>Anticoagulation</td>
<td>Gary S. Ferenchick, MD</td>
</tr>
<tr>
<td>3:45 pm</td>
<td>Faculty Roundtable</td>
<td>Mark H. Ebell, MD, Gary S. Ferenchick, MD, John Hickner, MD</td>
</tr>
<tr>
<td>4:15 pm</td>
<td>Closing Remarks and Adjourn</td>
<td>Neha B. Vyas, MD</td>
</tr>
</tbody>
</table>

## Saturday, October 27, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Registration, Continental Breakfast, and Exhibits</td>
<td></td>
</tr>
<tr>
<td>8:00 am</td>
<td>Osteoporosis</td>
<td>David Wendt, MD</td>
</tr>
<tr>
<td>8:30 am</td>
<td>Lower GI Update</td>
<td>Mark H. Ebell, MD</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Dementia</td>
<td>Gary S. Ferenchick, MD</td>
</tr>
<tr>
<td>9:30 am</td>
<td>Refreshment Break and Exhibits</td>
<td></td>
</tr>
<tr>
<td>9:45 am</td>
<td>Clinical Quandaries from the Audience</td>
<td>Mark H. Ebell, MD, Gary S. Ferenchick, MD, John Hickner, MD</td>
</tr>
<tr>
<td>10:30 am</td>
<td>Men’s Health</td>
<td>John Hickner, MD</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Substance Abuse</td>
<td>Samina Yunus, MD</td>
</tr>
<tr>
<td>11:30 am</td>
<td>Faculty Roundtable</td>
<td>Mark H. Ebell, MD, Gary S. Ferenchick, MD, John Hickner, MD</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Closing Remarks and Adjourn</td>
<td>Neha B. Vyas, MD</td>
</tr>
</tbody>
</table>

A five-minute question and answer period is included in each speaker’s allotted time.
Location
Cleveland Clinic Administrative Campus
3175 Science Park Drive
Building #4, Auditorium
Beachwood, OH 44122

Directions
From the North: Take I-271 south to the Chagrin Blvd. exit. Turn right onto Chagrin Blvd. Turn right onto Enterprise Parkway. Turn right onto Science Park Drive. The surface lot is on the last driveway on your right. Drive to Building 4.

From the South: Take I-271 north to the Chagrin Blvd. exit. Turn left onto Chagrin Blvd. Go across the bridge and turn right onto Enterprise Parkway. Turn right onto Science Park Drive. The surface lot is on the last driveway on your right. Drive to Building 4 (it is the building that is farther back on your right).

Recommended Area Hotels
Home2 Suites by Hilton
3589 Park East Drive
Beachwood, OH 44122
216.755.7310
$115 plus tax
Complimentary breakfast and shuttle to meeting

Hotel INDIGO
3581 Park East Drive
Beachwood, OH 44122
216.454.8000
$115 plus tax
Complimentary breakfast and shuttle to meeting

Parking
Free parking is available in the parking lot outside the building.

Information
For further information about this activity, contact the Center for Continuing Education at:
Local: 216.444.9990
Website: ccfcm.org/primarycare18

Americans with Disabilities Act
The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at least two weeks prior to the activity.

Accreditation
The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 11.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

This Live activity, 7th Annual Primary Care Evidence-Based Medicine Update, with a beginning date of 10/26/2018, has been reviewed and is acceptable for up to 11.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Health Care Professionals
A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

Faculty Disclosure
The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.
REGISTRATION

REGISTER ONLINE AT ccfcme.org/primarycare18

**Fees**

**Registration Fee includes:** Breakfasts, refreshment breaks, lunch, and faculty presentations, available online via mobile device or laptop.

<table>
<thead>
<tr>
<th></th>
<th>On or Before Aug. 24</th>
<th>After Aug. 24</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physician</td>
<td>$360</td>
<td>$385</td>
</tr>
<tr>
<td>Non-Physician</td>
<td>$260</td>
<td>$285</td>
</tr>
<tr>
<td>Resident*/Fellow*</td>
<td>$105</td>
<td>$105</td>
</tr>
</tbody>
</table>

*Letter from program director is required to receive the discounted fee. If letter is not received two weeks prior to the activity, the full physician fee will be charged.

Visit [www.ccfcme.org/primarycare18](http://www.ccfcme.org/primarycare18) for complete registration information.

**Registration and Cancellation**

Preregistrations are accepted until 2:00 pm ET October 26, 2018. Register on site after this date.

In case of cancellation, email notification is required to process your refund. A full refund will be issued if canceled by September 28, 2018. After September 28, 2018, a $100 cancellation fee will be deducted from your refund. No refunds will be issued after October 19, 2018.

For questions about registration or cancellation, email us at cmegistration@ccf.org or call 216.448.8710.

_Cleveland Clinic Center for Continuing Education reserves the right to cancel or postpone an activity at our sole discretion. In the unlikely event that this occurs, any registration fee(s) paid will be refunded. Be advised that Cleveland Clinic is not responsible for related costs including airline tickets, hotel costs, or any similar fee penalties incurred as a result of any trip cancellations or changes._