

Diabetes Day 2008: May 2, 2008

The 13th Annual Diabetes Day – The Lifecycle of Diabetes

OVERVIEW

Diabetes can span an entire life time. This course is designed to summarize and present complications and treatments at every age and stage. Specific areas covered will include in utero changes in the diabetic mother and placental programming. The challenges of diagnosing and treating adolescents with type 2 diabetes will be discussed. The problems in treating the reproductive female and middle aged male will be covered. Additionally, the specific concerns in elderly patients including polypharmacy will be addressed. The course will also include a variety of cases in management issues in diabetes including selection of oral agents, insulins, the effects of exercise and nutrition as well as utilizing insulin pumps and continual glucose sensors.

TARGET AUDIENCE

This educational activity is designed for Primary Care Physicians, Endocrinologists, Diabetes Educators, Nurses, Nurse Practitioners, Physician Assistants and other health care professionals who take care of patients with diabetes.

OBJECTIVES

After completing this learning activity, the participant will be able to:

- Review the effects and treatment approach of diabetes from in utero to the elderly.
- Discuss the effects of diet and exercise in diabetes care.
- Review appropriate use of oral agents and insulin.
- Interpret and utilize continual glucose monitoring.
- Select appropriate patients for insulin pump therapy.

Faculty

CO-ACTIVITY DIRECTORS

Jennifer Wojtowicz, DO

Staff Physician, Endocrinology & Metabolism Institute
Cleveland Clinic

Leann Olansky, MD

Staff Physician, Endocrinology & Metabolism Institute
Cleveland Clinic

GUEST FACULTY

Dana Dabelea, MD, PhD

Associate Professor
Director, Epidemiology PhD Program
Preventive Medicine & Biometrics
University of Colorado School of Medicine

CLEVELAND CLINIC FACULTY

Charles Faiman, MD

Consultant Staff, Endocrinology & Metabolism Institute

Amir Hamrahian, MD

Staff Physician, Endocrinology & Metabolism Institute

Byron Hoogwerf, MD

Staff Physician, Endocrinology & Metabolism Institute
Staff Physician, Lerner Research Institute
Staff Physician, Surgery Insitute

Sangeeta Kashyap, MD

Associate Staff Physician, Endocrinology & Metabolism Institute

Angelo Licata, MD

Consultant Staff, Endocrinology & Metabolism Institute

Adi Mehta, MD

Staff Physician, Endocrinology & Metabolism Institute

Christian Nasr, MD

Staff Physician, Endocrinology & Metabolism Institute

Mario Skugor, MD

Associate Staff Physician, Endocrinology & Metabolism Institute

Mariam Stevens, MD

Associate Staff Physician, Endocrinology & Metabolism Institute

Robert Zimmerman, MD

Interim Department Chairman
Endocrinology & Metabolism Institute

Agenda

The Diabetes Day 2008 will be held May 2, 2008 at the InterContinental Hotel and Bank of America Conference Center, Cleveland, Ohio.

Friday, May 2, 2008

- 7:00 a.m. **Registration/Continental Breakfast/Exhibits**
- 7:55 a.m. **Welcome and Opening Remarks**
Jennifer Wojtowicz, DO
- 8:00 a.m. **Does Diabetes Start in Utero**
Dana Dabelea, MD, PhD
- 8:45 a.m. **Diabetes in Adolescents**
TBA
- 9:30 a.m. **Diabetes in the Reproductive Years**
Adi Mehta, MD
- 10:15 a.m. **Refreshment Break/Exhibits**
- 10:45 a.m. **Diabetes in the Middle Years**
Byron Hoogwerf, MD
- 11:30 p.m. **Diabetes in the Golden Years**
Leann Olansky, MD
- 12:15 p.m. **Lunch**
- 1:15 p.m. **Diabetes Research at Cleveland Clinic**
- 1:30 p.m. - 3:30 p.m. **CASE BASED INTERACTIVE WORKSHOPS**
- A) OBESITY, DIETS AND THE DIABETIC PATIENT**
 Sangeeta Kashyap, MD
- B) ORAL AGENTS AND INSULIN**
 Christian Nasr, MD
 Mariam Stevens, MD
- C) INSULIN PUMPS AND GLUCOSE SENSORS**
 Robert Zimmerman, MD
- 5:00 pm Adjourn

General Information

Location

InterContinental Hotel and Bank of America Conference Center
9801 Carnegie Avenue
Cleveland, OH 44106
Phone: 216-707-4100 or 877-707-8999
Fax: 216-707-4101

Hotel Accommodations

A block of rooms has been reserved at the InterContinental Hotel for a special rate of \$189 single/double plus tax and at the InterContinental Suite Hotel located at 8800 Euclid Avenue for a special rate of \$149 single/double (plus tax). The Suite Hotel is within walking distance to the InterContinental Hotel and Bank of America Conference Center. To obtain these special rates you must make your reservations by **Friday, April 4th, 2008**. To make your reservations, please contact the Hotel Reservations Department at 216-707-4100 or 877-707-8999. Please identify yourself as being with the **Diabetes Day (A17)**. The hotel and conference center is located on the campus of Cleveland Clinic.

Ground Transportation

Taxi service is available from Cleveland Hopkins International Airport to the InterContinental Hotel and Bank of America Conference Center for an approximate fee of \$30. As an alternative, take the rapid transit train from the airport to the Terminal Tower in downtown Cleveland and from there take a taxi to the InterContinental Hotel and Bank of America Conference Center.

Information

For further information about the course, contact UNITECH Communications[®] at:
Local: 216-448-0770
Toll Free: 800-238-6750

Web Address:

www.ccfcmc.org/DiabetesDay08

For questions about registering online, call 216-448-0777.

If you have any special needs that require additional attention, please call UNITECH Communications[®]. Requests must be received at least two weeks prior to the course.

For emergency phone calls during the Course, please call 216-707-4100 and ask for the Cleveland Clinic Registration Desk.

Registration and Cancellation

Pre-registrations are accepted by fax or online until 5:00 pm EST, April 25, 2008. To register after this date you must do so on-site. In case of cancellation, a \$50 cancellation fee will be deducted from your refund if cancelled after April 18, 2008. Written notification of your cancellation is required in order to process your refund. **NO REFUNDS WILL BE ISSUED AFTER June 27, 2008.**

Parking

Parking is available in the 100th Street Visitor's Parking Garage for a charge of \$10 per day. Valet parking is available at the hotel for an additional charge.

Accreditation Statement

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this educational activity for a maximum of 5.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity may be submitted for American Osteopathic Association Continuing Medical Education credit in Category 2.

Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Registration Form

**Diabetes Day 2008: The Lifecycle of Diabetes
May 2, 2008**

**InterContinental Hotel & Bank of America Conference Center * Cleveland, OH
Course No. 011546**

**Credit card payment may be expedited by completing and faxing this form to: (216) 445-9406 or
Mail check and registration form to: The Cleveland Clinic Foundation, P. O. Box 931653, Cleveland, OH 44193-1082
Payment must be received prior to admittance to the course. Purchase orders are not accepted.**

The registration fee includes syllabus, continental breakfast, refreshment breaks and lunch.

Category	Course Fee	
Physician	<input type="checkbox"/> \$300	
Comprecare Affiliate (ID# _____)	<input type="checkbox"/> \$195	
Cleveland Clinic Health System Physician Organization	<input type="checkbox"/> \$180	
Cleveland Clinic Alumnus	<input type="checkbox"/> \$180	
Resident*/ Fellow*/ Nurse / Dietitian	<input type="checkbox"/> \$200	

*Letter from program director must be received in our office prior to the course to receive this fee.

Please Print:

Name: _____ Degree (initials): _____

Mailing Address: _____ City/State/ZIP: _____

Telephone Number: _____ Fax Number: _____

Email _____ Specialty _____

1:30 – 3:30 pm Case Based Interactive Workshops (please choose one)

- A – Obesity, Diets and the Diabetic Patient B – Oral Agents and Insulin
 C – Insulin Pumps and Glucose Sensors

Charge the following account: **VISA** **MASTERCARD** **DISCOVER** **AMERICAN EXPRESS**

Credit Card Number: _____ Expiration Date: _____ 3/4 digit v-code _____

Total Amount to be Charged: _____

Signature: _____ (Not valid without signature)