



The Cleveland Clinic Foundation
Neurological Institute
9500 Euclid Ave., J136
Cleveland, OH 44195

 **Cleveland Clinic**
11th Annual
**Innovations in
Neuroscience Nursing**

November 5-7, 2008

Hilton Garden Inn Cleveland Downtown
Cleveland, OH



www.ccfmcme.org/NeuroNursing08



Cleveland Clinic Conference Co-Directors

Kimberly Hunter, MSN, MBA, RN, NE-BC
Director of Nursing
Neurological Institute

Jane Miller, BA, RN
Nurse Manager, Neuroscience Units

Cleveland Clinic Conference Planning Committee

Jennifer Ahl, BSN, RN
Doreen Andrews-Hinders, BS, RN, CCRP
Deborah Bizjak, MSN, CNP
Kirste L. Carlson, ND, PMHCNS-BC
Jamie Castillo, RN
Stacey Claus, BSN, RN, CNRN

Claire Hara-Cleaver, MSN, CNP
Michael T. Cooley, RN, CCRN, NREMT-B
Cathy Dobrowski, MSN, CNP
Silvia H. Garcia, MSN, RN
Angie Hamm, RN
Chantel B. Kinnard, BSN, RN

Elizabeth Licursi, MS, LSW, RN, CARN-AP
Virginia Manocchio, BSN, RN, CNOR
Sonya D. Mertz, BSN, RN, CNRN
Tina Resser, MSN, RN, FNP-BC, CNRN
Victoria Rhoades, BSN, RN, CCRN
Sharon L. Ungar, RN, CCRN, CNRN

Guest Faculty

Kathleen Adamle, PhD, RN, AOCN
Assistant Professor
Graduate Adult CNS Programs
College of Nursing
Kent State University
Kent, OH

Brian G. Dyko, MSN, CNP
University Hospitals Westlake Health Center
Neurological Institute
Westlake, OH

Lorraine B. Fields, MSN, CNRN, CCRN, CCNS
Neuro Trauma Clinical Nurse Specialist
Summa Health System
Akron, OH

Linda Littlejohns, MSN, RN, CCRN, CNRN
Integra Neurosciences
Vice President of Clinical Development
President of Integra Foundation
Irvine, CA

Daren Marshall, LSW
Family Support Coordinator
Lifebanc
Cleveland, OH

Chris Winkleman, PhD, RN, CCRN, ACNP
Assistant Professor
Frances Payne Bolton School of Nursing
Case Western Reserve University
Cleveland, OH

Cleveland Clinic Faculty

Deborah Bizjak, MSN, CNP
Nurse Practitioner, Center for Neurological Restoration

Susan Cancian, RN
Nurse Clinician, Neurological Surgery

Julie Chen, MD
Neurological Surgery

Xiao Di, MD, PhD
Clinical Associate, Neurological Surgery

Gail Ditz, BSN, RN
Nurse Clinician
Brain Tumor and Neuro-Oncology Center

Claire Hara-Cleaver, MSN, CNP
Neurology, Mellen Center for MS

Christopher Iannotti, MD, PhD
Neurological Surgery

Irene Katzan, MD
Vascular Neurologist
Staff, Cerebrovascular Center and Neurology

Wendy Lewandowski, PhD, PMHCNS-BC
Chronic Pain Rehabilitation
Cleveland Clinic
Associate Professor
Director, Graduate Psychiatric Mental Health Nursing
Program
College of Nursing
Kent State University

Kathleen Lupica, MSN, CNP
Brain Tumor and Neuro-Oncology Center

Chris Madsen, PhD, RN, CNS
Behavioral Services and Medicine
Chronic Pain Rehabilitation

Heather Mekesa
Donation Specialist

Kim Merner, MSN, APRN, BC
Adult Nurse Practitioner
Neurology

Lori Mertz, MSN, CNP, CNRN
Nurse Practitioner, Infectious Disease

Sonya D. Mertz, BSN, RN, CNRN
Nursing Education

Rebecca Mitchell, MSN, RN
Nurse Practitioner, Genomic Medicine Institute

Mary Beth Modic, MSN, RN
Clinical Nurse Specialist
Nursing Education

Marvin Natowicz, MD
Staff, Genomic Medicine Institute

Joann Palmer, RN
Nurse Clinician, Neurological Surgery

Carmen Paradis, MD
Associate Staff, Bioethics

Tina Resser, MSN, RN, FNP-BC, CNRN
Nurse Practitioner
Neurosciences Intensive Care Unit

Connie Robinson, MPA, LICDC
Chemical Dependency Counselor
Alcohol and Drug Rehabilitation Center

Joanne Schneider, RN, CNS, CNP
Nurse Practitioner, Psychiatric Clinical Nurse Specialist
Psychiatry/Pain Medicine

Sandra L. Siedlecki, PhD, RN, CNS
Senior Nurse Researcher
Department of Nursing Research and Innovations
Cleveland Clinic
Adjunct Assistant Professor
Frances Payne Bolton School of Nursing
Case Western Reserve University

Sherry Soeder, MSN, CNP
Nurse Practitioner, Radiation Oncology

Bruce D. Trapp, PhD
Chairman, Department of Neurosciences
Lerner Research Institute

GENERAL INFORMATION

Location

Hilton Garden Inn Cleveland Downtown
1100 Carnegie Avenue
Cleveland, OH 44115
Phone: 216-658-6400
www.clevelanddowntown.gardeninn.com

Hotel

A block of rooms has been reserved at the Hilton Garden Inn Cleveland Downtown for a special rate of \$95 (single/double; plus tax) for conference attendees. To obtain this rate, reservations must be made by October 17, 2008. To make your reservation, call the hotel at 216-658-6400 and identify yourself as an attendee of the Neuroscience Nursing conference.

Parking

Self parking is available at \$8.00 per car, per day (includes overnight parking).

Information

For further information about this activity, contact Brigid Ring at
Local: 216-445-0754
Toll Free: 800-223-2273 x50754
Email: ringb@ccf.org
www.ccfme.org/NeuroNursing08

Registration and Cancellation

Register at www.ccfme.org/NeuroNursing08.
Registration deadline is **5:00 pm (EST), Tuesday, November 4, 2008**. A request for a refund must be received in writing by October 24, 2008. No refunds will be given after October 24, but registration is transferable through November 7, 2008. A \$50 cancellation fee will be deducted from the refund for all cancellations.

Please Note: If you register online, you will receive an immediate registration confirmation notice indicating that payment was processed. If the notice contains the word "error" please

contact the registration office at 216-448-0777 to confirm registration. Mailed or faxed registrations will receive a confirmation notice by U.S. mail unless requested otherwise on the registration form. To check on the status of a faxed or mailed registration, please call 216-448-0777.

Accreditation

The Cleveland Clinic (OH-045/10-01-09) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify Brigid Ring at 216-445-0754 at least two weeks prior to the activity.

Wednesday, November 5, 2008

Certified Neuroscience Registered Nurse Review

12:15 - 1:00 pm **Registration**
Carnegie Prefunction Area

1:00 - 1:15 pm **Welcome and Introduction**
Kimberly Hunter

*All lectures given by Linda Littlejohns except for Epilepsy.
A box dinner will be provided.*

1:15 - 3:15 pm **Brain Anatomy I**

3:15 - 3:30 pm **Refreshment Break**

3:30 - 4:30 pm **Brain Anatomy II**

4:30 - 5:15 pm **Neuro-endocrine**

5:15 - 5:30 pm **Refreshment and Dinner Break**

5:30 - 6:00 pm **Epilepsy** – Julie Chen

6:00 - 7:00 pm **Spine Anatomy**

Thursday, November 6, 2008

7:00 - 7:45 am **Registration and Continental Breakfast**
Carnegie Prefunction Area

7:45 - 8:00 am **Welcome & Introduction** – Kimberly Hunter

8:00 - 9:00 am **General Session I**
Stem Cell Research in Neurosciences –
Christopher Iannotti and Bruce Trapp

9:00 - 10:00 am **General Session II**
Neuro Ethics – Lorraine Fields, Carmen Paradis,
Daren Marshall, and Heather Mekesa

10:00 - 10:30 am **Refreshment Break/Exhibits/Posters**

10:30 - 11:30 am **Breakout Sessions**
(A) Neuromodulation – Deborah Bizjak
(B) Meningitis in Teens and Young Adults – Lori Mertz
(C) CNRN Review/Rehabilitation – Linda Littlejohns

11:30 - 1:00 pm **Lunch/General Session III**
The Magic of Mentoring: Leaving Your Handprint on the
Future of Nursing Practice – Mary Beth Modic

1:00 - 2:00 pm **Breakout Sessions**
(D) Moving Research into Practice – Sandra L. Siedlecki
(E) MS Therapies – Claire Hara-Cleaver
(F) CNRN Review/CNS Infections – Linda Littlejohns

2:00 - 2:30 pm **Refreshment Break/Exhibits/Posters**

2:30 - 3:30 pm **Breakout Sessions**
(G) Examining the Evidence: Brain Trauma –
Chris Winkleman
(H) Guided Imagery in Pain – Wendy Lewandowski
(I) CNRN Review/Neurodegeneration – Linda Littlejohns

3:30 - 4:30 pm **General Session IV**
Stroke Guidelines – Irene Katzan

4:30 - 6:00 pm **Reception**
Carnegie Prefunction Area

Friday, November 7, 2008

7:00 - 7:45 am **Registration and Continental Breakfast**
Carnegie Prefunction Area

7:45 - 8:00 am **Welcome & Introduction** – Kimberly Hunter

8:00 - 9:00 am **General Session V**
Neuroradiology for the Bedside Nurse – Gail Ditz

9:00 - 10:00 am **Breakout Sessions**
(J) Endoscopic Applications in Neurosurgery – Xiao Di
(K) Mitochondrial Disorders – Marvin Natowicz and
Rebecca Mitchell
(L) CNRN Review/ICP/Trauma – Sonya Mertz

10:00 - 10:30 am **Refreshment Break/Exhibits/Posters**

10:30 - 11:30 am **Breakout Sessions**
(M) Clinical Localization in Stroke – Brian Dyko
(N) Updates in Epilepsy – Joann Palmer and Kim Merner
(O) CNRN Review/Neuro-oncology – Kathleen Lupica

11:30 - 1:00 pm **Lunch/General Session VI**
Patient-Initiated Humor: Seriously, Are You Listening? –
Kathleen Adamle

1:00 - 2:00 pm **Breakout Sessions**
(P) PTSD in Chronic Pain – Joanne Schneider
(Q) New Brain Cancer Therapies – Sherry Soeder
(R) CNRN Review/Neurovascular – Tina Resser and
Susan Cancian

2:00 - 2:30 pm **Refreshment Break/Exhibits/Posters**

2:30 - 3:30 pm **General Session VII**
Depression and Addiction in the Neuro Patient –
Connie Robinson

3:30 - 4:30 pm **General Session VIII**
A Wellness Recipe for the Working Nurse – Chris Madsen

ABSTRACT FOR POSTERS

Abstract Online Submission Form:
www.clevelandclinic.org/nursing

Abstract Submission Deadline: October 1, 2008

The abstract is a review of the information your poster is to include. Please do not include personal/professional information about yourself in the summary. The poster should be pertinent to the fields of nursing and/or neuroscience nursing. The committee will review all abstract submissions and electronically notify recipients of approval.

Posters will be displayed during the conference on Thursday, November 6 and Friday, November 7 and will be mounted on a 4'x8' board (push pins will be provided). No tables will be available for tabletop poster displays. If your poster is accepted, the primary author's registration fee will be waived for one day and receive a discounted rate for additional days.

11th Annual
Innovations in Neuroscience Nursing

November 5-7, 2008

Course #020525

Office Use Only

Fee: _____

Date: _____

MOP: _____

CXL/Fee: _____

Complete the information below if registering by mail or fax:

Please print clearly

Last	First	M.I.	Degree
Address			
City	State	Zip	
Phone	Fax		
Specialty	E-Mail		

Payment must be received prior to admittance to the course. Purchase orders are not accepted.

Go to: www.ccfme.org/NeuroNursing08

Once you register online, please do not mail or fax in a registration form.

CCF main campus, family health centers, and CCHS community hospital nurses should download the CCF/CCHS registration form or register online at the above web address.

	Wednesday Nov. 5	Thursday Nov. 6	Friday Nov. 7	Thursday & Friday Nov. 6-7
Nurse (non Cleveland Clinic)	<input type="checkbox"/> \$100	<input type="checkbox"/> \$175	<input type="checkbox"/> \$175	<input type="checkbox"/> \$300
Student*	<input type="checkbox"/> \$75	<input type="checkbox"/> \$125	<input type="checkbox"/> \$125	<input type="checkbox"/> \$250

*Letter from Program Director or Chairman must be received in our office prior to the course to receive this fee.

I require a vegetarian lunch

I will attend the reception on Thursday

Confirmation Notice Preference: US Mail Fax Email

Breakout Session Sign-Up

Please mark your selection for each session

Thursday, November 6			
10:30 am	<input type="checkbox"/> A	<input type="checkbox"/> B	<input type="checkbox"/> C
1:00 pm	<input type="checkbox"/> D	<input type="checkbox"/> E	<input type="checkbox"/> F
2:30 pm	<input type="checkbox"/> G	<input type="checkbox"/> H	<input type="checkbox"/> I

Friday, November 7			
9:00 am	<input type="checkbox"/> J	<input type="checkbox"/> K	<input type="checkbox"/> L
10:30 am	<input type="checkbox"/> M	<input type="checkbox"/> N	<input type="checkbox"/> O
1:00 pm	<input type="checkbox"/> P	<input type="checkbox"/> Q	<input type="checkbox"/> R

Total amount enclosed or to be charged: \$ _____

PAYMENT

Make check payable to: The Cleveland Clinic Educational Foundation

or charge the following account: Visa MasterCard American Express Discover

Card Number _____ Exp: Date _____

Signature (not valid without signature) _____ 3 or 4 digit Security Code _____

If paying by credit card, registration should be FAXED to 216-445-9406.

If paying by check, registration should be MAILED to:

The Cleveland Clinic Educational Foundation • P.O. Box 931653 • Cleveland, OH 44193-1082