

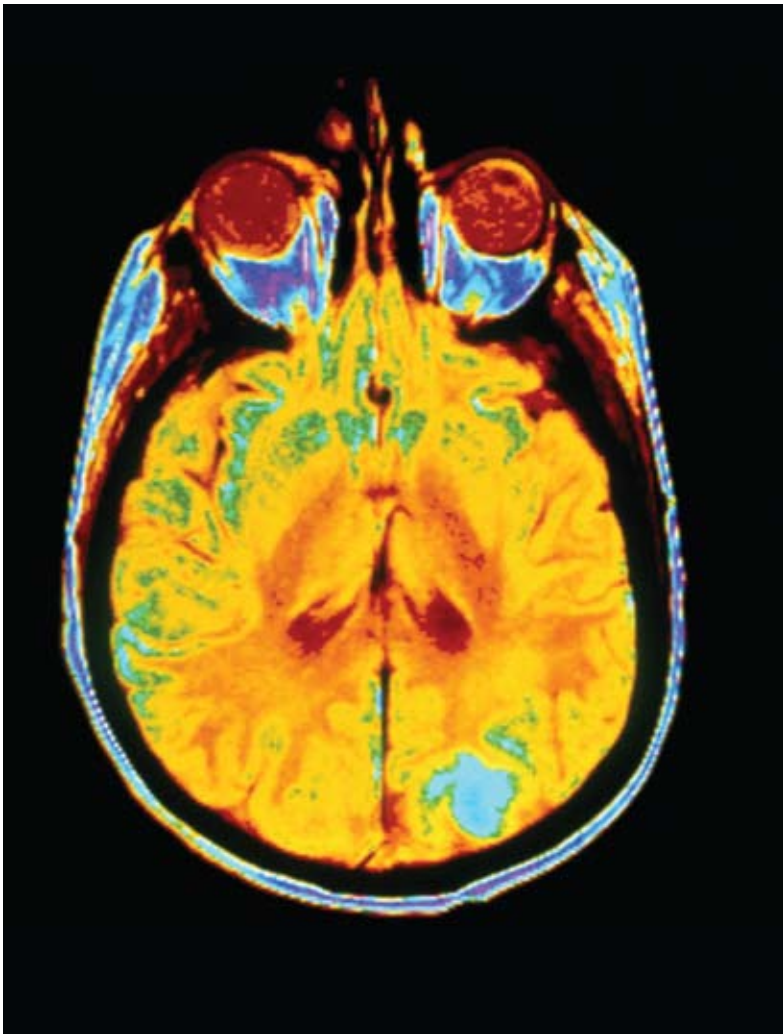


3rd Annual

Post Traumatic Stress Disorder Symposium

November 21, 2008

InterContinental Hotel &
Bank of America Conference Center
Cleveland, Ohio



For symposium updates or to register, go to:

www.ccfcmc.org/PTSD08

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Overview



Post Traumatic Stress Disorder (PTSD) symptoms abound in veterans returning from the Middle East. PTSD can become a chronic, debilitating condition affecting the veteran, family and community.

The Cleveland Clinic invites you to a day of learning and interactive discussion with four nationally recognized specialists and your peers, united in the concern to meet the mental health needs of people living with PTSD in our nation. The symposium will focus on identifying the optimal treatment strategies for PTSD and Substance Use Disorders (SUD) in trauma survivors, veterans and their significant others.

Target Audience



Psychologists, Psychiatrists, Primary Care Physicians, Emergency Room Physicians, Nurses, Nurse Practitioners, Physician Assistants, Licensed Counselors, Chemical Dependency Professionals, Social Workers, Pastoral Counselors, Ministers and other healthcare professionals who are involved in the diagnosis and treatment of PTSD

Learning Objectives



Upon completion of this symposium, the participant will be able to:

1. Identify advanced clinical practices for patients with PTSD.
2. Review psycho-spiritual healing techniques and dangers of spiritual abuse.
3. Examine the advances in mind-body-spirit interventions for trauma victims from theoretical, research and clinical perspectives.
4. Survey the benefits of trauma focused group therapy for PTSD patients and their families.
5. Clarify the role of substance use in families' attributions and affective reactions to their relative with severe mental illness.
6. Determine emergent methods for developing and enhancing health care professionals' clinical treatment of trauma survivors.
7. Examine group dynamics, studies and clinical application for health care practice.

Faculty



Symposium Directors

Joseph W. Janesz, Ph.D., PCC, LICDC, CRC

Director of Outpatient Executive and Professional Program
Alcohol & Drug Recovery Center
Department of Psychiatry and Psychology
Neurological Institute
Cleveland Clinic

Bridget Dwyer, M.A. P.C.C.

Professional Counselor
Department of Psychiatry and Psychology
Neurological Institute
Cleveland Clinic

Guest Faculty

David W. Foy, Ph.D.

Professor of Psychology
Graduate School of Education and Psychology
Pepperdine University
Adjunct Professor of Psychology, Headington Program in International Trauma
Graduate School of Psychology, Fuller Theological Seminary
Senior Research Consultant
National Center for PTSD, Menlo Park and Honolulu Divisions
Encino, CA

Donald Meichenbaum, Ph.D.

Distinguished Professor Emeritus
University of Waterloo
Ontario, Canada
Research Director, The Melissa Institute for Violence Prevention and Treatment
Miami, FL

Kenneth I. Pargament, Ph.D.

Professor of Psychology
Department of Psychology
Bowling Green State University
Bowling Green, OH

Shirley M. Glynn, Ph.D.

Clinical Research Psychologist
Veterans Affairs Greater Los Angeles Health Care System at West Los Angeles
Research Psychologist
David Geffen School of Medicine at UCLA
Semel Institute for Neuroscience and Human Behavior
Los Angeles, CA

Agenda

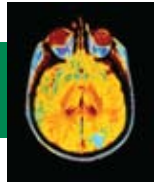


Friday November 21, 2008

- 7:00 - 8:00 am **Registration/Continental Breakfast**
BOA Conference Center – 3rd Floor
- 8:00 - 8:15 am **Welcome/Introduction**
Joseph W. Janesz, Ph.D., PCC, LICDC, CRC
Bridget Dwyer, M.A. P.C.C.
- 8:15 - 10:00 am **Treating Patients with PTSD: Psychospiritual Interventions:
Promises and Risks**
Donald Meichenbaum, Ph.D.
- 10:00 - 10:15 am **Refreshment Break/Exhibits**
- 10:15 - 11:45 am **Treating Patients with PTSD: Psychospiritual Interventions:
Promises and Risks**
Donald Meichenbaum, Ph.D.
- 11:45 - 1:00 pm **Lunch**
- 1:00 - 2:20 pm **New Directions in Group Therapy for Trauma
Survivors: Spirituality and Health Risk Behaviors**
David W. Foy, Ph.D.
- 2:20 - 3:40 pm **“With a Little Help from My Friends” – Mobilizing Social Support
in the Treatment of PTSD**
Shirley M. Glynn, Ph.D.
- 3:40 - 3:55 pm **Refreshment Break/Exhibits**
- 3:55 - 5:15 pm **The Spiritual Dimension of Trauma: Implications for Treatment**
Kenneth I. Pargament, Ph.D.
- 5:15 - 5:30 pm **Evaluation of Symposium**
- 5:30 pm **Adjournment/Receive Certificates**

Cleveland Clinic Massage Therapists will be available from 12:00 - 2:00 pm to provide complimentary 15-minute chair massages. The massages will be available on a first come, first served basis.

General Information



Location

InterContinental Hotel & Bank of America Conference Center
9801 Carnegie Avenue
Cleveland, OH 44106
Phone: 216-707-4100 or 877-707-8999

Hotel Accommodations

A block of rooms has been reserved at the InterContinental Hotel & Bank of America Conference Center. To make your reservation, contact the hotel directly at 216-707-4000 or 877-707-8999 and mention the “Cleveland Clinic Post Traumatic Stress Disorder Symposium” to receive the special rate of \$159 per night plus tax (online code BC3). To secure this rate, you must make your reservation by 5:00 pm (EST) October 21, 2008.

Directions

FROM THE SOUTH: Take I-71 or I-77 north to downtown Cleveland. Exit onto Carnegie Avenue eastbound. The hotel is about two miles from the freeway exit.

FROM THE EAST: Follow I-90 west toward Cleveland. Exit at Martin Luther King Jr. Blvd. (Exit 177). Turn left (south) on Martin Luther King Jr. Blvd. and proceed about three miles to 105th Street. Turn right (south) on 105th Street. Turn right onto Carnegie Avenue to E. 100th Street. Turn right onto E. 100th Street and left into the hotel driveway.

FROM THE WEST: Take I-90 east to downtown Cleveland. Exit onto Carnegie Avenue eastbound. The hotel is about two miles from the freeway exit.

FROM THE WEST VIA THE OHIO TURNPIKE: Take I-80 east to Exit 142 (I-90). Take I-90 east to downtown Cleveland. Exit onto Carnegie Avenue eastbound. The hotel is about two miles from the freeway exit.

FROM THE EAST VIA THE OHIO TURNPIKE: Follow I-80 west to Exit 187 (I-480). Take I-480 west to I-271 north. Follow I-271 north to the Cedar Road exit. Go west on Cedar for approximately eight miles to University Circle. Bear left onto Carnegie Avenue. Turn right onto E. 100th Street and left into the hotel driveway.

Parking

The InterContinental Hotel has valet parking for \$10 per day. Alternatively, parking is available at the Cleveland Clinic E. 100th Street Garage (SE corner of E. 100th and Carnegie) for \$10 per day. Access to the InterContinental Hotel from the garage is on the 3rd floor via the skyway.

Registration and Cancellation

Register at www.cfcme.org/PTSD08. Registration deadline is **5:00 pm (EST), Wednesday, November 19, 2008**. A request for a refund must be received in writing by November 7, 2008. No refunds will be given after November 7, but registration is transferable through November 21, 2008. A \$50 cancellation fee will be deducted from the refund for all cancellations.

Please Note: If you register online, you will receive an immediate registration confirmation notice indicating that payment was processed. If the notice contains the word “error” please contact the registration office at 216-448-0777 to confirm registration. Mailed or faxed registrations will receive a confirmation notice by U.S. mail unless requested otherwise on the registration form. To check on the status of a faxed or mailed registration, please call 216-448-0777.



Information

For further information about this activity, contact Monet Smith at:

Local: 216-444-9380

Toll Free: 800-223-2273 x49380

Email: smithm8@ccf.org

Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify Brigid Ring at 216-445-0754 at least two weeks prior to the activity.

Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this educational activity for a maximum of *7.75 AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity may be submitted for American Osteopathic Association Continuing Medical Education credit in Category 2.

Commission on Rehabilitation Counselor Certification (CRCC) – Approval is pending.

Employee Assistance Certification Commission – Approval is pending for Professional Development Hours. Upon approval, you must attend the entire symposium to obtain credit.

Ohio Psychological Association – Approval is pending.

Ohio Chemical Dependency Professionals Board – Approval is pending.

State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board – Program approval is pending.

Credit is being applied for with the OT section of the Ohio OT PTAT Board. Approval is pending.

The Cleveland Clinic (OH-045/10-01-09) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Faculty Disclosure Statement

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

The Cleveland Clinic Foundation Center for Continuing Education acknowledges educational grants for partial support of this activity from:

Vietnam Veterans Buckeye Foundation

Registration Form



For Office Use Only: Course # 020500	
Fee: _____	M.O.P. _____
Date: _____	CXL/Fee: _____

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Complete the information below if registering by mail or fax:

PLEASE PRINT

Name _____ Degree _____
First M.I. Last

Address _____ Home Business

City, State, Zip Code _____

Phone # _____ Fax # _____

E-mail _____

Specialty _____

Payment must be received prior to admittance to the course. Purchase orders are not accepted.

Go to: www.ccfcm.org/PTSD08

Once you register online, please do not mail or fax in a registration form.

CCF main campus, family health centers, and CCHS community hospital employees (physicians and non-physicians) should register online at the above web address.

Symposium Registration Fee *(Check appropriate box)*

Fee includes syllabus, continental breakfast, breaks and lunch.

- | | |
|---|-------|
| <input type="checkbox"/> Physician/PhD | \$179 |
| <input type="checkbox"/> Resident*/Fellow* | \$125 |
| <input type="checkbox"/> Nurse/ Nurse Practitioner/Physician Assistant | \$125 |
| <input type="checkbox"/> Counselor/Social Worker/Other Allied Health Professional | \$125 |
| <input type="checkbox"/> Comprefcare Affiliate Member ID# _____ | \$117 |
| <input type="checkbox"/> Cleveland Clinic Alumnus | \$108 |
| <input type="checkbox"/> Student* | \$50 |

*Letter from Program Director or Chairman must be received in our office prior to the course to receive this fee.

I require a vegetarian lunch Confirmation Notice Preference: US Mail Fax Email

Total amount enclosed or to be charged: \$ _____

Payment Options

Make check payable to: The Cleveland Clinic Educational Foundation

or charge the following account: Visa MasterCard American Express Discover

Card Number _____

Exp: Date _____

Signature (not valid without signature) _____

3 or 4 digit Security Code _____

If paying by credit card, registration should be FAXED to 216-445-9406.

If paying by check, registration should be MAILED to:

The Cleveland Clinic Educational Foundation
P.O. Box 931653 • Cleveland, OH 44193-1082



3rd Annual

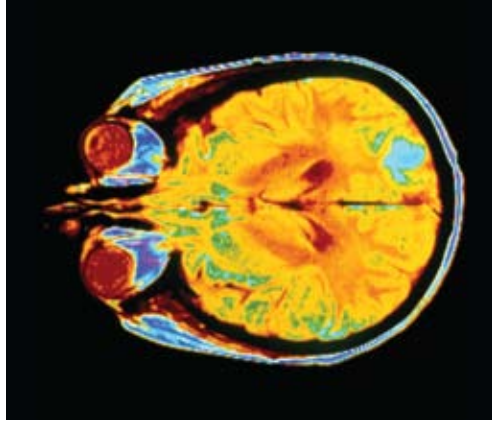
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Neurological Institute
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