

Pain Management For Your Practice

A One-Day Course Featuring Concurrent
Sessions for Physicians and
Nurses/Allied Health Professionals

Saturday, August 15, 2009

Kalahari Resort
Sandusky, Ohio

NEW LOCATION!



Register Today! www.ccfcmc.org/pain09



Pain Management For Your Practice



Course Overview

This one-day course focuses on the concept that chronic pain should be considered a disease and not just a symptom. Various chronic pain conditions will be discussed and state-of-the-art approaches in diagnosis and management will be considered.

The course begins with a shared set of lectures for all attendees. After lunch, two tracks are available to the attendees: a physician track and a nursing/allied health care professional's track. Topics in the physician track include determining when surgery is an option, sacroiliac pain, and chronic pain rehabilitation. Nursing track topics include complex regional pain syndrome or reflex sympathetic dystrophy syndrome (CRPS/RSD), physical therapy, diagnostic maneuvers, and basic anatomy.

The emphasis will be focused on how the health care professional can sort out the nature of chronic pain, and what they can do to help their chronic pain patients to improve their quality of life. Special emphasis will be placed on interventional pain management options and when to consult the pain management specialist.

Target Audience

This course is designed for family, general, and physical medicine and rehabilitation practitioners, internists, orthopedic surgeons, rheumatologists, neurologists, geriatricians, physician assistants, nurses, and other health care providers who care for chronic pain patients.

Objectives

As a result of attending the course, the participant will be able to do the following:

- Summarize how to administer opioids.
- Integrate the chronic pain rehabilitation program as part of their pain management plan of care.
- Determine which patients would best benefit from treatment in the Chronic Abdominal Pain Clinic.
- Demonstrate various diagnostic maneuvers and basic anatomy when defining pain.
- Recommend when a patient becomes a surgical candidate.
- Describe how to deal with the difficult patient.

Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this educational activity for a maximum of 6.5 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association Council on Continuing Medical Education for Category 2 credit.

The Ohio Board of Nursing will accept at face value the number of contact hours awarded for an educational activity that has been approved for CE by a nationally accredited system of CE approval. Therefore, the 6.5 *AMA PRA Category 1 Credits*[™] will be accepted for nursing credits.

Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at least two weeks prior to the activity.



Course Co-Directors	Course Coordinator	Guest Faculty
<p>Philippe Berenger, MD Department of Pain Management Cleveland Clinic</p> <p>Lokesh Ningegowda, MD Department of Pain Management Cleveland Clinic</p>	<p>Jennifer Cherni Marketing Manager Department of Pain Management Cleveland Clinic</p>	<p>Jill Mushkat, PhD Director Pain Management Psychology Services Cleveland Clinic Health System Regional Hospitals Cleveland, Ohio</p>

Cleveland Clinic Faculty		
<p>Feyrouz Al-Ashkar, MD Cleveland Clinic Lorain Institute Rheumatology</p> <p>Toula Bensitel, MD Department of Pain Management</p> <p>Susan Bilyeu Sr. Ombudsman Ombudsman Department</p> <p>Jeffrey Ciolek, PT Department of Chronic Pain Rehabilitation</p>	<p>Emad Daoud, MD, PhD Vice Chairman, Department of Pain Management</p> <p>Lynn Gaddis, RN, MSN, CNP-BC Cleveland Clinic Lorain Institute Pain Management</p> <p>Leonardo Kapural, MD, PhD Department of Pain Management</p> <p>Nagy A. Mekhail, MD, PhD Chairman, Department of Pain Management</p> <p>Samer Narouze, MD Department of Pain Management</p>	<p>Doug Orr, MD Center for Spine Health</p> <p>Joanne Schneider Department of Chronic Pain Rehabilitation</p> <p>Marc Soloman, MD Department of Pain Management</p> <p>Deborah Tepper, MD Neurological Center for Pain</p> <p>Bruce Vrooman, MD Department of Pain Management</p>

Agenda | August 15, 2009

7:30 am	Registration/Continental Breakfast/Exhibits <i>Ballroom Foyer</i>	10:15 am	New Prescriptive Laws for the NP and PA <i>Lynn Gaddis, RN, MSN, CNP-BC</i>
8:00 am	Welcome & Introduction <i>Philippe Berenger, MD</i>	10:45 am	Dealing with the Difficult Patient <i>Susan Bilyeu</i>
8:15 am	Acute vs. Chronic Pain <i>Nagy A. Mekhail, MD, PhD</i>	11:15 am	Commonly Used Pain Procedures <i>Lokesh Ningegowda, MD</i>
8:45 am	Practical Prescribing-Opioids <i>Marc Soloman, MD</i>	11:45 am	Osteoporosis – Is it Painful? <i>Feyrouz Al-Ashkar, MD</i>
9:15 am	Refreshment Break & Exhibits	12:15 pm	Lunch
9:45 am	Fibromyalgia – It Does Exist <i>Philippe Berenger, MD</i>		

Concurrent Sessions: 1:00 pm – 4:15 pm

Physicians		Nurses/Allied Health	
1:00 pm	Time for Surgery or Not? <i>Doug Orr, MD</i>	1:00 pm	Diagnostic Maneuvers & Basic Anatomy <i>Bruce Vrooman, MD</i>
1:30 pm	Head & Facial Pain: Treatment Options <i>Samer Narouze, MD</i> <i>Deborah Tepper, MD</i>	1:30 pm	Clinical Trials <i>Toula Bensitel, MD</i>
2:00 pm	Sacroiliac Pain <i>Leonardo Kapural, MD, PhD</i>	2:00 pm	Physical Therapy: Exercise & Manual Therapy <i>Jeffrey Ciolek, PT</i>
2:30 pm	Refreshment Break & Exhibits	2:30 pm	Refreshment Break & Exhibits
3:00 pm	What is Chronic Pain Rehabilitation? <i>Joanne Schneider</i>	3:00 pm	CRPS/RSD: What is it Really? <i>Emad Daoud, MD, PhD</i>
3:30 pm	Chronic Abdominal Pain Center <i>Leonardo Kapural, MD, PhD</i>	3:30 pm	Psychological Aspects of Pain (& Relaxation) <i>Jill Mushkat, PhD</i>
4:00 pm	Closing Remarks <i>Philippe Berenger, MD</i>	4:00 pm	Closing Remarks <i>Lokesh Ningegowda, MD</i>
4:15 pm	Adjourn	4:15 pm	Adjourn



General Information

Location

Kalahari Resort
7000 Kalahari Drive | Sandusky, OH 44870
Phone: 877-525-2427
www.kalahariresort.com

Kalahari is conveniently located on US Highway 250 (Milan Road), just north of Interstate 80, exit 18.

Hotel Accommodations

A block of rooms has been reserved for Friday, August 14, 2009 at Kalahari Resort until **Sunday, July 26, 2009**. To make your reservations, contact the Hotel Reservations Department at 877-KALAHARI (877-525-2427). Please ask for the **Cleveland Clinic Pain Management Symposium** room block for a special rate of \$184 (plus tax). Each room includes Waterpark passes based on occupancy.

Room rates are for Friday only or Friday and Saturday only. Rate does not apply to Saturday arrivals.

Guests will have use of the Waterpark until 5:00 pm for Saturday check outs.

Information

For further information about this course, contact UNITECH Communications® at:
Local: 216-448-0770 Toll Free: 800-238-6750

Web Address: www.cfcme.org/Pain09

For questions about registering online, call 216-448-0777.

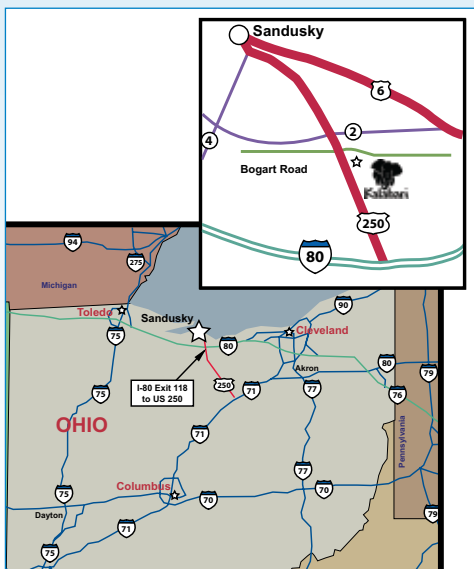
For emergency phone calls during the course, call 419-433-7200 and ask for the Cleveland Clinic Registration Desk.

Registration and Cancellation

Pre-registrations are accepted by fax or online until 10:00 am ET Wednesday, August 12, 2009. To register after this date, you must do so on-site. In case of cancellation, a full refund will be made if canceled by August 5, 2009. After August 5, 2009, a \$50 cancellation fee will be deducted from your refund. Written notification of your cancellation is required to process your refund. **NO REFUNDS WILL BE ISSUED AFTER SEPTEMBER 30, 2009.**

Parking

Free parking is available at the Resort.



Kalahari Resort

- America's largest indoor waterpark (larger than 3 ½ football fields)
- Indoor cabanas and outdoor bungalows
- Zigzag your way through breathtaking waterslide adventures
- The region's only dual indoor FlowRiders
- Zip Coaster uphill water roller coaster
- Spa Kalahari offers facials, manicures, pedicures, massages, reflexology, hot stone treatments, and much more.

Area Attractions

Sandusky, Ohio is one of the most appealing vacation destinations in the Midwest. Lake Erie's unique natural beauty and abundance of recreation attractions guarantee an unmatched experience. Within minutes of the Resort, you can enjoy boat tours, island trips, roller coasters, fishing, shopping, and museums.

Cedar Point Amusement Park

Phone: 419-627-2350
Website: www.cedarpoint.com

African Safari Wildlife Park

Phone: 419-732-3606
Website: www.africansafariwildlifepark.com

Go charter fishing or sail to the Lake Erie Islands:

Put in Bay

www.putinbay.com

Kelleys Island

www.kelleysisland.com

Registration Form

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Kalahari Resort | Sandusky, Ohio

• Course No. 011611 •
Office Use Only

Fee _____ Date _____
MOP _____ CXL/Fee _____

FEES	Fees include attendance, syllabus continental breakfast, lunch and refreshment breaks.	BEFORE AUGUST 15, 2009	ONSITE
<input type="checkbox"/>	Physician	\$175.00	\$200.00
<input type="checkbox"/>	CCF Comprecare (Affiliate Member ID# _____)	\$113.75	\$130.00
<input type="checkbox"/>	CCF Alumnus	\$105.00	\$120.00
<input type="checkbox"/>	Nurse/Allied Health Professional/Other	\$100.00	\$125.00
<input type="checkbox"/>	Resident*/Fellow*	\$100.00	\$125.00

* Letter from Program Director must be received in our office prior to the course to receive this fee.

REGISTER ONLINE

www.ccfcmec.org/pain09

Once you register online, please do not mail or fax in a registration form.

CCF main campus, family health centers, and CCHS community hospital employees (physicians and non-physicians) please register online at the above web address.

Complete the information below if registering by mail or fax:

PLEASE PRINT

LAST NAME:	FIRST NAME:	MI:
DEGREE:		
ADDRESS:	CITY:	
STATE:	ZIP:	COUNTRY:
PHONE NUMBER:	FAX NUMBER:	
SPECIALTY:	EMAIL ADDRESS:	

I require a vegetarian meal.

Total amount enclosed or to be charged \$ _____

Make check payable to: The Cleveland Clinic Educational Foundation or charge to the following account: <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> American Express <input type="checkbox"/> Discover	
CARD NUMBER:	EXPIRATION DATE:
3 OR 4 DIGIT VERIFICATION NUMBER:	
SIGNATURE:	
NOT VALID WITHOUT SIGNATURE	

For information, email: CMERegistration@ccf.org

Fax Number: 216-448-0783

Mailing Address: The Cleveland Clinic Education Foundation
PO Box 931653 • Cleveland, OH 44193-1082