

# Pain Management for Your Practice

A One-Day Course Featuring Concurrent Sessions for  
Physicians and Nurses/Allied Health Professionals

**Saturday, October 23, 2010**

Cleveland Clinic Administrative Campus  
Beachwood, Ohio

New Location!

Register Today!

**[www.ccfcm.org/PainMgmt10](http://www.ccfcm.org/PainMgmt10)**





# Pain Management for Your Practice

A One-Day Course Featuring Concurrent Sessions for Physicians and Nurses/Allied Health Professionals

## Course Overview

This one-day course will provide an update and framework for health care practitioners to evaluate, diagnose, and manage the patient with chronic pain.

A variety of pain conditions will be discussed by a multidisciplinary faculty. The faculty will review state-of-the-art approaches to the diagnosis and management of pain. Topics will include legal issues in opioid prescribing, female pelvic pain, neuropathic pain, CRPS (chronic regional pain syndrome), and surgical options for spine pain.

The course begins with a shared set of lectures in the morning. After lunch, two tracks are available that will address specific practice interests. Topics will include radiofrequency ablation for axial spine pain, joint injection techniques, chemical dependency, hand and wrist pain, and vitamin D's role in pain management, yoga and relaxation for chronic pain, pelvic floor exercises, exercise for rehabilitation of the spine, chiropractic manipulation therapy and when to consider a chronic pain rehabilitation program.

The course will focus on how the health care professional can sort out the nature of chronic pain and what they can do to improve their patient's quality of life. The participant will gain understanding of how, when, and why to refer patients for specialized pain care.

## Target Audience

This course is designed for family, general and physical medicine and rehabilitation practitioners, internists, orthopedic surgeons, rheumatologists, neurologists, geriatricians, physician assistants, nurses, and other health care providers who care for chronic pain patients.

## Objectives

As a result of attending the course, the participant will be able to do the following:

- Summarize treatment options for neuropathic pain
- Understand what to expect from a spine surgery consult
- Summarize diagnosis and management of CRPS
- Describe how to manage the difficult patient in the office setting
- Summarize regulatory and legal issues in opioid prescribing
- When to recommend radiofrequency ablation for axial spine pain
- Summarize diagnostic and therapeutic joint injection techniques
- Describe the causes and treatment options for hand and wrist pain
- Describe the role of vitamin D in pain management
- Summarize how yoga and relaxation can benefit the chronic pain patient
- Determine when a patient with chronic pelvic pain can be managed in the pelvic pain clinic and the indications for pelvic floor exercises
- Define how to utilize exercise for rehabilitation of the spine
- Determine when chiropractic manipulation therapy is indicated
- Know when to consider a multidisciplinary chronic pain rehabilitation program

## Course Director

### Philippe Berenger, MD

Department of Pain Management  
Anesthesiology Institute  
Cleveland Clinic

## Planning Committee

### Emad Daoud, MD, PhD

Department of Pain Management  
Anesthesiology Institute

### Lesley Richard

Marketing Manager  
Anesthesiology Institute

## Guest Faculty

### Salvator J. Tocco, DC, DACRB, Dipl.Ac.

Tocco Chiropractic & Rehabilitation  
North Olmsted, OH

### Ritch Wagner

Director Law Enforcement  
Liaison and Education  
Purdue Pharma LP  
Stamford, CT

## Cleveland Clinic Faculty

### Feyrouz Al-Ashkar, MD, FACR

Department of Rheumatologic  
and Immunologic Disease  
Lorain Institute

### Judi Barr

Disease Reversal  
Wellness Institute

### Susan Bilyeu, MHA

Department of Ombudsman  
Patient Experience

### Samuel Borsellino, MD

Spine Surgery  
Neurological Institute

### Jeffrey Ciolek, PT

Department of Physical Medicine  
and Rehabilitation  
Neurological Institute

### Emad Daoud, MD, PhD

Department of Pain Management  
Anesthesiology Institute

### Pascal Jarjoura, MD

Department of Obstetrics  
and Gynecology  
OB/GYN and Women's  
Health Institute

### Arpna G. Masuraha, PT

Rehabilitation Services  
Lakewood Hospital

### Manu Mathews, MD

Department of Pain Management  
Anesthesiology Institute  
Neurological Center for Pain  
Neurological Institute

### Jason Pope, MD

Department of Pain Management  
Anesthesiology Institute

### Samuel Samuel, MD

Department of Pain Management  
Anesthesiology Institute

### Judith Scheman, PhD

Department of Pain Management  
Neurological Institute

### David Shapiro, MD

Department of  
Orthopaedic Surgery  
Lorain Institute

### Marc Soloman, MD

Department of Pain Management  
Anesthesiology Institute

## Agenda | Saturday, October 23, 2010

- 7:30 am** Registration/Continental Breakfast/Exhibits
- 8:00 am** **Welcome & Introduction**  
*Philippe Berenger, MD*
- 8:15 am** **Neuropathic Pain**  
*Marc Soloman, MD*
- 8:45 am** **What to Expect from a Spine Surgery Consult**  
*Samuel Borsellino, MD*
- 9:15 am** Refreshment Break & Exhibits
- 9:45 am** **CRPS Diagnosis and Management**  
*Emad Daoud, MD, PhD*
- 10:15 am** **Vitamin D: Evaluating its Place in Pain Management**  
*Feyrouz Al-Ashkar, MD*
- 10:45 am** **Regulatory and Legal Issues in Opioid Prescribing**  
*Ritch Wagner*
- 11:15 am** **Pelvic Pain – Gynecological Perspective**  
*Pascal Jarjoura, MD*
- 11:45 am** **Pelvic Pain – Pain Management Perspective**  
*Jason Pope, MD*
- 12:15 pm** Lunch

### CONCURRENT SESSIONS

1:00 pm - 4:45 pm

#### Session I

- 1:00 pm** **Radiofrequency Ablation: An Option for Axial Spine Pain**  
*Philippe Berenger, MD*
- 1:30 pm** **Diagnostic and Therapeutic Joint Injection Techniques**  
*Samuel Samuel, MD*
- 2:00 pm** **Chemical Dependency and Chronic Pain**  
*Manu Mathews, MD*
- 2:30 pm** Refreshment Break & Exhibits
- 3:00 pm** **Hand and Wrist Pain: Causes and Treatment**  
*David Shapiro, MD*
- 3:30 pm** **Defusing the Angry Patient**  
*Susan Bilyeu*
- 4:00 pm** **Panel Discussion**
- 4:30 pm** **Closing Remarks**  
*Philippe Berenger, MD*
- 4:45 pm** **Adjourn**

#### Session II

- 1:00 pm** **Yoga and Relaxation for Chronic Pain**  
*Judi Barr*
- 1:30 pm** **Pelvic Floor Exercises for Chronic Pelvic Pain**  
*Arpna G. Masuraha, PT*
- 2:00 pm** **Science and Art of Exercise for Rehabilitation of the Spine**  
*Jeffrey Ciolek, PT*
- 2:45 pm** Refreshment Break & Exhibits
- 3:00 pm** **Chiropractic Manipulation Therapy**  
*Salvator J. Tocco, DC, DACRB, Dipl.Ac.*
- 3:30 pm** **When to Consider a Multidisciplinary Chronic Pain Rehabilitation Program**  
*Judith Scheman, PhD*
- 4:00 pm** **Panel Discussion**
- 4:30 pm** **Closing Remarks**  
*Emad Daoud, MD, PhD*
- 4:45 pm** **Adjourn**

# General Information

## Location

### Cleveland Clinic Administrative Campus Building 3

3050 Science Park Drive  
Amphitheater, Lower Level  
Beachwood, OH 44122

## Directions

**From the North:** Take I-271 south to the Chagrin Blvd. exit. Turn right onto Chagrin Blvd. Turn right onto Enterprise Parkway. Turn right onto Science Park Drive. The surface lot is on the last driveway on your left. Drive to Building 3 (it is the building that is farther back on your right).

**From the South:** Take I-271 north to the Chagrin Blvd. exit. Turn left onto Chagrin Blvd. Go across the bridge and turn right onto Enterprise Parkway. Turn right onto Science Park Drive. The surface lot is on the last driveway on your left. Drive to Building 3 (it is the building that is farther back on your right).



## Registration and Cancellation

Pre-registrations are accepted by fax or online until October 21, 2010, 4:00 pm ET. To register after this date, please do so onsite. In case of a cancellation, a full refund will be made if cancelled by October 15, 2010. After October 15, 2010, a \$25 cancellation fee will be deducted from your refund. Written notification of your cancellation is required in order to process your refund. NO REFUNDS WILL BE ISSUED AFTER NOVEMBER 30, 2010.

## Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities act. If you need assistance, please notify the Cleveland Clinic Center for Continuing Education at 216.448.0770 or 800.238.6750 at least two weeks prior to the activity.

## Recommended Area Hotel

### Hilton Cleveland East/Beachwood

3663 Park East Drive  
Beachwood, OH 44122  
Phone: 216.464.5950

[www.clevelandeastbeachwood.hilton.com](http://www.clevelandeastbeachwood.hilton.com)  
Reference Cleveland Clinic for a preferred rate of \$89.00 per night

## Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

## Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this educational activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association Council on Continuing Medical Education for Category 2 credit.

The Ohio Board of Nursing will accept at face value the number of contact hours awarded for an educational activity that has been approved for CE by a nationally accredited system of CE approval. Therefore, the 7.0 AMA PRA Category 1 Credits™ will be accepted for nursing credits.

## Information

For further information about this course, contact Cleveland Clinic Center for Continuing Education at:

Local: 216.448.0770  
Toll Free: 800.238.6750  
Fax: 216.448.0783

Web Address: [www.ccfme.org/PainMgmt10](http://www.ccfme.org/PainMgmt10)

For questions about registering call 216.448.0777 or email [cmeregistration@ccf.org](mailto:cmeregistration@ccf.org)

# Registration Form

## Pain Management for Your Practice

Course 011671 • Office Use Only

Fee \_\_\_\_\_ Date \_\_\_\_\_

MOP \_\_\_\_\_ CXL/Fee \_\_\_\_\_

**Saturday, October 23, 2010**

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### Fees

Fee includes syllabus, continental breakfast, lunch and refreshment breaks.

Purchase orders are not accepted.

		Before October 23, 2010	Onsite
<input type="checkbox"/>	Physician	\$175	\$200
<input type="checkbox"/>	CompreCare Affiliate Member (ID# _____)	\$114	\$139
<input type="checkbox"/>	Cleveland Clinic Alumni	\$105	\$130
<input type="checkbox"/>	Nurse/Allied Health Professional/Non-Physician	\$75	\$100
<input type="checkbox"/>	Resident*/Fellow*	\$100	\$125

\* Letter from Program Director must be received in our office prior to the course in order to receive this fee. Purchase orders are not accepted.

### Register Online

[www.ccfcmec.org/PainMgmt10](http://www.ccfcmec.org/PainMgmt10)

**ONCE YOU REGISTER ONLINE, PLEASE DO NOT FAX A REGISTRATION FORM.**

CCF main campus, family health centers, and CCHS community hospital employees (physicians and non-physicians) please register online at the above web address.

### Complete the information below if registering by mail or fax

#### PLEASE PRINT

Last Name:	First Name:	MI:		
Degree/Title:	Specialty:			
Office/Institution:				
Preferred Mailing Address:				
City:	State:	Zip:		
Phone:	Fax:			
Email Address:				
Practice Type:	<input type="checkbox"/> Office-Based	<input type="checkbox"/> Hospital Staff	<input type="checkbox"/> Resident/Fellow	<input type="checkbox"/> Other
<b>Concurrent Session Sign Up (1:00 – 4:45 pm)</b>	<input type="checkbox"/> Session I	<input type="checkbox"/> Session II		

I require vegetarian meals

**Total amount enclosed to be charged: \$ \_\_\_\_\_**

#### MAKE CHECK PAYABLE TO: The Cleveland Clinic Educational Foundation OR CHARGE TO THE FOLLOWING ACCOUNT:

<input type="checkbox"/> Visa	<input type="checkbox"/> MasterCard	<input type="checkbox"/> American Express	<input type="checkbox"/> Discover
Card Number:	Expiration Date:		
3 or 4 Digit Verification Number:			
Signature:			

*not valid without signature*

**Fax:** 216.448.0783

**Mailing address:** The Cleveland Clinic Educational Foundation  
PO Box 931653, Cleveland, OH 44193-1082

**For questions about registering, call 216.448.0777 or email [cmeregistration@ccf.org](mailto:cmeregistration@ccf.org)**



**Cleveland Clinic**

The Cleveland Clinic Foundation  
Center for Continuing Education  
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Cleveland, OH 44195

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Over 75 Years of Excellence in  
CONTINUING MEDICAL EDUCATION