

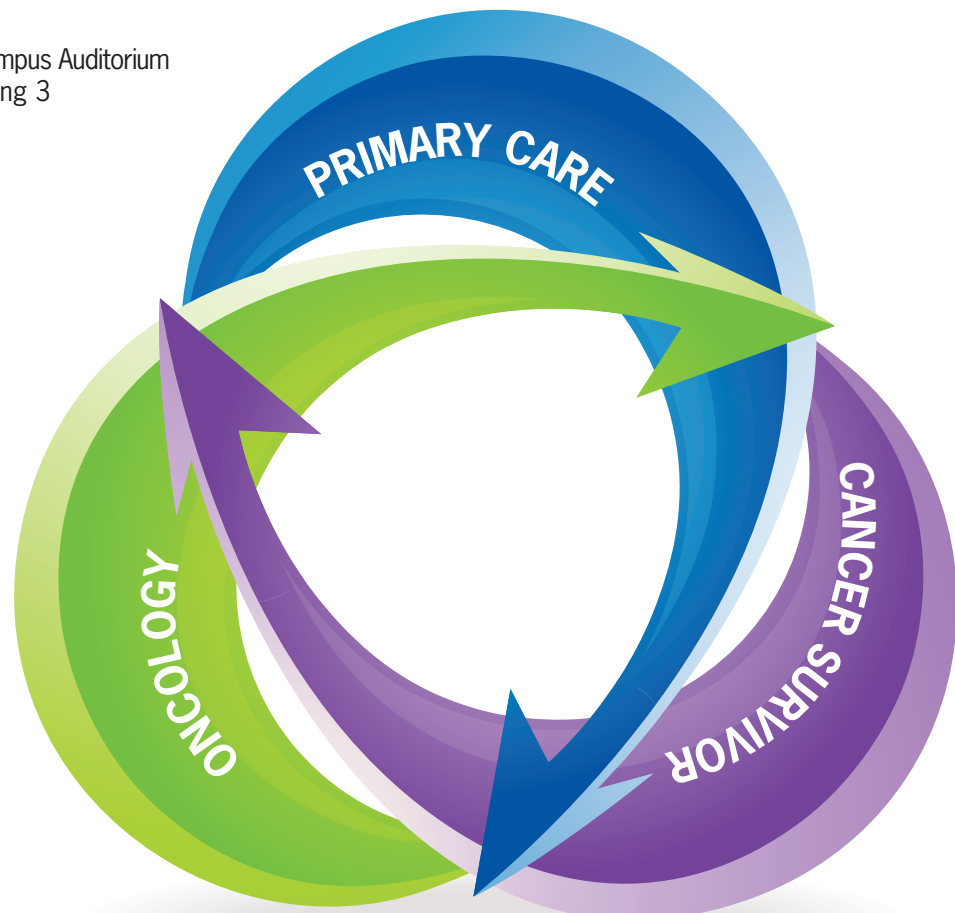
# Cancer Survivorship:

## Bridging the Gap Between Primary Care and Oncology

Focusing on improving comprehensive care that ensures optimal quality of life after cancer treatment.

**Friday, October 8, 2010**  
**7:30 am – 4:00 pm**

Cleveland Clinic Administrative Campus Auditorium  
3050 Science Park Drive, Building 3  
Beachwood, Ohio



# Cancer Survivorship: Bridging the Gap Between Primary Care and Oncology

Friday, October 8, 2010 | 7:30 am – 4:00 pm

## COURSE DIRECTORS

### Michael Rabovsky, MD

Vice Chair, Medicine Institute  
Cleveland Clinic

### Diana Simsic, LISW-S, OSW-C

Clinical Oncology Social Worker  
Beachwood Family Health Center  
Taussig Cancer Institute  
Cleveland Clinic

## GUEST FACULTY

### Kevin C. Oeffinger, MD

Keynote Speaker  
Director, Adult Long-Term Follow-Up Program  
Departments of Pediatrics and Medicine  
Memorial Sloan-Kettering Cancer Center  
New York, NY



### Elizabeth A. Roth, PT, RD, MS, MA

Program Staff  
The Gathering Place  
Cleveland, OH

## CLEVELAND CLINIC FACULTY

### Diane W. Galvin, PT

Staff Physical Therapist  
Department of Sports Health and Orthopaedic Rehabilitation  
Orthopaedic and Rheumatologic Institute

### Timothy Gilligan, MD

Medical Oncologist  
Director, Late Effects Clinic  
Taussig Cancer Institute

### Terence Gutsell, MD

Interim Section Head, Palliative Medicine and Supportive Care  
Department of Solid Tumor Oncology  
Taussig Cancer Institute

### Abdo Haddad, MD

Associate Staff  
Department of Solid Tumor Oncology  
Taussig Cancer Institute

### Isabel Schuermeyer, MD

Director, Psycho-Oncology  
Department of Psychiatry and Psychology  
Neurological Institute

### James B. Young, MD

Professor of Medicine and Executive Dean  
Cleveland Clinic Lerner College of Medicine  
George and Linda Kaufman Chair  
Chairman, Endocrinology and Metabolism Institute

## COURSE OVERVIEW

This one-day CME and CEU accredited activity will provide intensive multidisciplinary review of cutting-edge topics on improving care for cancer survivors.

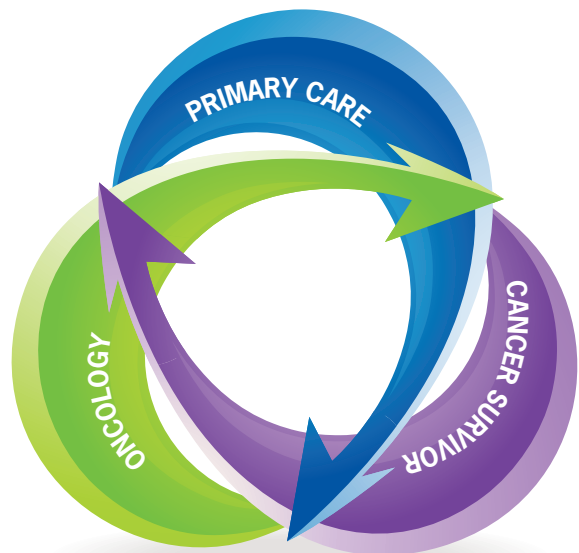
## TARGET AUDIENCE

Internists, general practitioners, family physicians, oncologists, nurses, physician assistants, physical therapists, social workers, and other health care providers practicing in primary care, oncology, and public health settings.

## LEARNING OBJECTIVES

Upon completion of this activity, the participant will be able to do the following:

- Describe the process for transitioning cancer survivors from oncologists to primary care providers to ensure ongoing care;
- Discuss the management of chronic conditions, including cardiovascular disease, resulting from cancer and its treatment;
- Improve the surveillance of late effects from the primary cancer and the potential development of secondary cancers;
- Identify issues involved with geriatric cancer survivors and describe methods to address them;
- Recognize and diagnose anxiety and posttraumatic stress in cancer survivors and provide appropriate treatment;
- Define the role of pain management and nutrition in this patient population;
- Describe the available rehabilitation and physical therapy options and their potential benefits for cancer survivors.



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## AGENDA

- 7:30 am Registration/Continental Breakfast/Exhibits
- 8:30 am Welcome and Introductions
- 8:40 am **KEYNOTE ADDRESS**  
**Bridging the Gap Between Primary Care and Oncology**  
**Kevin Oeffinger, MD**
- 10:00 am Question and Answer Session
- 10:15 am Refreshment Break and Exhibits

## SESSION I

- 10:30 am Pain Management – Beyond Opiates  
*Terence Gutgsell, MD*
- 11:00 am Cardiopulmonary Effects  
*James Young, MD*
- 11:30 am Geriatric Oncology  
*Abdo Haddad, MD*
- 12:00 pm Question and Answer Session
- 12:15 pm Lunch and Exhibits

## SESSION II

- 1:15 pm Anxiety, Depression, and Posttraumatic Stress in Cancer Survivors  
*Isabel Schuermeyer, MD*
- 1:45 pm Moving Forward – Oncology Rehabilitation and Physical Therapy  
*Diane Galvin, PT*
- 2:15 pm Question and Answer Session
- 2:30 pm Refreshment Break and Exhibits

## SESSION III

- 2:45 pm Nutrition Guidelines for Cancer Survivors  
*Elizabeth Roth, PT, RD*
- 3:15 pm Late Effects Clinic – Addressing the Needs of Cancer Survivors  
*Timothy Gilligan, MD*
- 3:45 pm Question and Answer Session
- 4:00 pm Adjourn

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## GENERAL INFORMATION

### Location

**Cleveland Clinic Administrative Campus**  
Building 3 – Auditorium  
3050 Science Park Drive  
Beachwood, OH 44122

### Recommended Area Hotel

**Hilton Cleveland East/Beachwood**  
3663 Park East Drive  
Beachwood, OH 44122  
216.464.5950

### Parking

Free parking is available in front of the building.

### Information

For further information about this course, contact the Cleveland Clinic Center for Continuing Education at:

Local: 216.448.0770  
Toll Free: 800.238.6750

Web Address: [www.ccfme.org/survivor10](http://www.ccfme.org/survivor10)

For further information about registration, call 216.448.0777 or email [cmeregistration@ccf.org](mailto:cmeregistration@ccf.org).

### Registration and Cancellation

Preregistrations are accepted online until 1:00 pm ET **October 7, 2010**. After this date, registration must be completed onsite. Full refunds will be issued for cancellation notices received by **September 30, 2010**. For cancellation notices received after September 30, 2010, a \$50 fee will be deducted from the refund. Written notification of your cancellation is required to process your refund. **NO REFUNDS WILL BE ISSUED AFTER NOVEMBER 30, 2010.**

### Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

### Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at least 2 weeks prior to the activity.

### Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this educational activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association Council on Continuing Medical Education for Category 2 credit.

The Ohio Board of Nursing will accept at face value the number of contact hours awarded for an educational activity that has been approved for CE by a nationally accredited system of CE approval. Therefore, the 6.0 *AMA PRA Category 1 Credits™* will be accepted for nursing credits.

Cleveland Clinic (RSX – 098801) is an approved provider of continuing social work education by the State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board.

**Determination of credit is pending.**

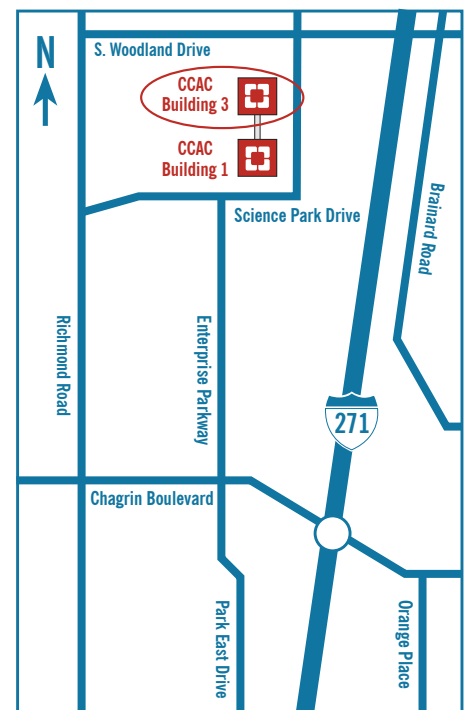
Continuing Education Units to the Ohio Physical Therapists Association have been submitted.

**Determination of credit is pending.**

### Directions

**From the North:**  
Take I-271 south to the Chagrin Boulevard exit. Turn right onto Chagrin Boulevard. Turn right onto Enterprise Parkway. Turn right onto Science Park Drive. Turn into the last driveway on the left. Building 3 is on the right side of the parking lot, toward the back.

**From the South:**  
Take I-271 north to the Chagrin Boulevard exit. Turn left onto Chagrin Boulevard. Go across the bridge and turn right onto Enterprise Parkway. Turn into the last driveway on the left. Building 3 is on the right side of the parking lot, toward the back.



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## Registration Form

Course # 011687  
Office Use Only

Fee \_\_\_\_\_ Date \_\_\_\_\_  
MOP \_\_\_\_\_ CXL/Fee \_\_\_\_\_

### FEE

Fee includes syllabus, continental breakfast, lunch, and refreshment breaks.

	Before 1:00 pm October 7, 2010	Onsite
Physician	\$175.00	\$200.00
Comprecare Affiliate Member (ID# _____)	\$113.75	\$138.75
Resident*/Fellow*	\$75.00	\$100.00
Nurse, Physician Assistants, Social Workers	\$100.00	\$125.00
Allied Health Professionals	\$100.00	\$125.00
Other (Specify: _____)	\$100.00	\$125.00

\*Letter from Program Director must be received in our office prior to the course to receive this fee.  
Payment must be received prior to admittance to the course. Purchase orders are not accepted.

### Online Registration: [www.ccfcm.org/survivor10](http://www.ccfcm.org/survivor10)

Once registered online, it is not necessary to mail or fax in a registration form.  
CCF main campus, family health centers, and CCHS community hospital employees (nonphysicians) should register online at the above web address.

### Complete the information below if registering by mail or fax:

(please print)

Last Name:	First Name:	MI:
Degree/Title	Specialty:	
Company Name:		
Mailing Address:		
City:	State:	Zip:
Phone:	Fax:	
Email Address:		
Practice Type: <input type="checkbox"/> Office-Based <input type="checkbox"/> Hospital-Based <input type="checkbox"/> Resident/Fellow <input type="checkbox"/> Other		
<input type="checkbox"/> I request a vegetarian lunch		

**Make check payable to:** The Cleveland Clinic Educational Foundation

**Or charge the following account:**  Visa  MasterCard  American Express  Discover

Card Number:	Expiration Date:	V Code: (3/4 digit number on card)
Signature: (not valid without signature)		

**Fax Number:** 216.448.0783

**Mailing address:** The Cleveland Clinic Educational Foundation  
PO Box 931653, Cleveland, OH 44193-1082

**For questions about registering, call 216.448.0777 or email [CMEregistration@ccf.org](mailto:CMEregistration@ccf.org)**