The 2015 Cleveland Clinic Florida Diabetes and Thyroid Update
A Multidisciplinary Symposium on Diabetes and Thyroid Diseases

Featuring
Ronald B. Goldberg, MD
R. Mack Harrell, MD, FACP, FACE, ECNU

Friday, February 20, 2015 – Saturday, February 21, 2015
Cleveland Clinic Florida Jagelman Conference Center | Weston, Florida
The 2015 Cleveland Clinic Florida Diabetes and Thyroid Update: great innovation and a glimpse of what is ahead.

Diabetes continues to be a major public health burden, and its management is more complex than ever. Thyroid disorders are increasingly being recognized as causes of morbidity. Thyroid cancer is the fastest growing cancer in the USA. Cleveland Clinic is one of the top Centers with experts in the management of diabetes and thyroid disorders who bring the latest knowledge to other providers.

Keynote Speakers

Friday, February 20, 2015
Ronald Goldberg, MD
Professor of Medicine
Division of Endocrinology Diabetes and Metabolism
Diabetes Research Institute
University of Miami Miller School of Medicine

will present
Prevention of Type 2 Diabetes Mellitus

Saturday, February 21, 2015
R. Mack Harrell, MD, FACP, FACE, ECNU
Cleveland Clinic Foundation Alumnus
Co-Founder of the Memorial Center for Integrative Endocrine Surgery
President of the American Association of Clinical Endocrinology

will present
Epidemiology and Update on Thyroid Nodules

Location
Cleveland Clinic Florida
Jagelman Conference Center | 2950 Cleveland Clinic Boulevard
Weston, FL 33331

Registration
Friday begins at 7:00 a.m.
Saturday begins at 7:30 a.m.

Course
Friday 8:00 a.m. – 3:45 p.m, MOC 3:45 p.m. – 6:00 p.m.
Saturday 8:00 a.m. – 3:30 p.m.

This activity is organized by the Cleveland Clinic Endocrinology and Metabolism Institute and Thyroid Center.
Overview
Multidisciplinary guidelines for the management of diabetes mellitus and thyroid disorders are issued periodically, and it has become increasingly difficult for providers to keep up with the latest in these fields. In recent years, these guidelines covered use of new diabetes therapies, developments in thyroid cancer diagnosis, and challenging scenarios encountered in benign thyroid diseases. Now more than ever, innovations in diagnostic tests, therapies, and surgical technologies are influencing care options for patients. The format of the course is designed to address the key concepts of these advancements through lectures, panel discussions, and special keynote addresses. Ample time will be allotted for participation by the audience with question and answer sessions.

Target Audience
The course is designed for a multi-faceted audience: physicians, nurses, diabetes educators, residents, fellows, and other health care professionals in primary care as well as other specialties such as Endocrinology, Surgery, Otolaryngology, Pathology, Nuclear Medicine, and Genomics.

Objectives
- Define best practice approach to abnormal thyroid function studies.
- Demonstrate the epidemiology, management, and treatment of thyroid nodules.
- Summarize the new guidelines on the management of differentiated thyroid cancer.
- Describe surgical management of thyroid disorders.
- Identify at risk populations, diagnosis early, and appropriately treat Type 2 diabetes and prediabetes.
- Synthesize current guidelines and protocols for the treatment of diabetes and apply them to patient care in the inpatient and outpatient settings.
- Incorporate in practice a patient-centered approach recommending medical or surgical therapies for the treatment of type 2 diabetes.
- Recognize the importance and need of a multidisciplinary team approach for successful patient-centered treatment of diabetes with the goal to improve outcomes.

Faculty Disclosure Statement
The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Americans with Disabilities Act
The Cleveland Clinic Foundation Center for Continuing Medical Education fully intends to comply with the legal requirements of the American with Disabilities Act. If you need assistance, please notify the Cleveland Clinic Thyroid Center at 216.636.5878 at least two weeks prior to the activity.
Friday, February 20, 2015

7:00 am  Registration/Continental Breakfast

8:00 am  Welcome and Introduction

Morning Session  
Moderated by Jose Cabral, MD

8:15 am  Inpatient Diabetes Management  
Carmen Villabona, MD

8:45 am  Transitions of Care in Diabetes: From the Inpatient to the Outpatient Setting  
Vineeth Mohan, MD

9:15 am  Keynote Address:  
The Camilo A. Leslie Diabetes Lecture – Prevention of Type 2 Diabetes Mellitus  
Ronald B. Goldberg, MD  
(Introduced by Jose Cabral, MD)

10:15 am  Question Session

10:30 am  Break and Visit with Exhibitors (15 minutes)

10:45 am  Diabetes Mellitus: Diagnosis, Classification, and Initiation of Therapy  
Susan Boston, MD

11:15 am  “Non-Insulin” Therapies for Type 2 Diabetes  
Tessey Jose, MD

11:45 am  Insulin Pump and Sensor Therapy  
Pascual Desantis, MD

12:15 pm  Question Session

12:30 pm  Lunch and Visit with Exhibitors (45 minutes)

Afternoon Session  
Moderated by Carmen Villabona, MD

1:15 pm  Hypoglycemia and Diabetes  
Laurence Kennedy, MD, FRCP

1:45 pm  Surgical Therapies for Diabetes Type 2  
Raul Rosenthal, MD

2:15 pm  Question Session

2:30 pm  Break and Visit with Exhibitors (15 minutes)

2:45 pm  Team Approach for Successful Diabetes Management  
Jose Cabral, MD

3:15 pm  Closing Remarks for Non Physicians  
Evaluations for Non Physicians  
Nursing and Dietitian Certificates  
Break for Physicians Attending Maintenance of Certification

3:45 pm  Maintenance of Certification for Internal Medicine Boards  
Sandra Williams, MD

5:45 pm  Question Session

6:00 pm  Closing Remarks and Evaluations
Cleveland Clinic

The 2015
Cleveland Clinic Florida
Diabetes and Thyroid Update
A Multidisciplinary Symposium on Diabetes and Thyroid Diseases

Saturday, February 21, 2015

7:30 am  Registration/Continental Breakfast
8:30 am  Welcome and Introduction

Morning Session
Moderated by Joyce Shin, MD

8:45 am  Abnormal Thyroid Function Tests
Pascual Desantis, MD

9:15 am  Hypothyroidism: Evidence on T4 and T3 Supplementation
Vineeth Mohan, MD

9:45 am  Hyperthyroidism: Initial Evaluation and Diagnostic Testing
Christian Nasr, MD

10:15 am  Break and Visit with Exhibitors (15 minutes)

10:30 am  Evaluation of Thyroid Nodules-What Tests to Order?
Christian Nasr, MD

11:00 am  Interpretation of Thyroid Fine Needle Aspiration Biopsy
Julia Diacovo, MD

11:30 am  Lunch and Visit with Exhibitors (45 minutes)

Afternoon Session
Moderated by Christian Nasr, MD

12:15 pm  Keynote Address:
Epidemiology and Update on Thyroid Nodules
R. Mack Harrell, MD, FACP, FACE, ECNU
(Introduced by Jose Cabral, MD)

1:00 pm  Update on Thyroid Cancer
Allan Siperstein, MD

1:30 pm  Surgical Management of Thyroid Diseases
Joyce Shin, MD

2:00 pm  PANEL Discussion:
Moderator: Jose Cabral, MD
Panelists: Julia Diacovo, MD
Carmen Villabona, MD
Vineeth Mohan, MD
Michael Medina, MD
Gilberto Alemar, MD
Mark Sesto, MD

3:30 pm  Closing Remarks and Evaluations

A 5-minute question & answer period is included in each speaker’s allotted time.
Accreditation Statement

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 12.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

Nurses have been approved for 14 CEUs by the Florida Board of Nursing, NCE Provider #2334 FBN CE Provider #50-392. Each nurse should claim only those hours that he/she actually spent in this activity. To receive credit, nurses are required to provide: license number, completed course evaluation, completed attendance record form.

Conference Registration Fees

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Visit [www.ccfcme.org/diabetesthyroid15](http://www.ccfcme.org/diabetesthyroid15) for complete registration information. Registration deadline is 5 pm (EST) Tuesday, February 17, 2015. To register after February 17, please do so on-site, for an additional fee.

For questions about registration, please call 216.448.0777 or email cmeregistration@ccf.org.

[www.ccfcme.org/diabetesthyroid15](http://www.ccfcme.org/diabetesthyroid15)